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Title:

Will climate warming decrease winter mortality in Europe?

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35 Recent studies have vividly emphasized the lack of consensus on the contribution of
36 climate warming to the recent and future evolution of winter mortality. Here we show the link
37 between daily temperature and numbers of deaths to characterize the spatial picture of human
38 vulnerability to winter conditions in nearly 200 European regions representing more than 400
39 million people. Analyses indicate that only the United Kingdom, the Netherlands and Belgium
40 have successfully adapted to harsh winters, while the other countries still remain exposed to the
41 year-to-year fluctuations in seasonal temperatures. Our theoretical approach is found to
42 successfully reconcile the apparent contradictions between recent studies, showing that climate
43 warming will contribute to the decline of winter mortality in most, albeit not all, the regions.
44 The different sensitivity of European societies to cold temperatures highlights the kind of
45 adaptation strategies that each country has already implemented and could potentially take in
46 order to increase the overall life expectancy.

47

48 Many vulnerable aspects of natural systems and human populations (Patz et al. 2005,
49 Costello et al. 2009, IPCC 2014) are under threat from the continuous rise in global temperatures
50 induced by anthropogenic greenhouse gas emissions (IPCC 2013). Europe emerges as an
51 especially responsive area to climate change, with more frequent, longer and harsher summer
52 heat waves (Meehl and Tebaldi 2004; Ballester et al. 2009,2010a,2010b) and less frequent, shorter
53 and milder winter cold spells (Ballester et al. 2009,2010b; deVries et al. 2012). The most direct
54 way in which global warming is expected to affect public health in Europe relates to changes in
55 mortality rates associated with the exposure to ambient temperatures (Ballester et al. 2011, Hajat
56 et al. 2014).

57 The link between atmospheric temperature and human mortality has been extensively
58 characterized in the literature (Kunst et al. 1993, The Eurowinter Group 1997, Kalkstein and
59 Greene 1997, Keatinge et al. 2000, Healy 2003, Carson et al. 2006, Simonsen et al. 2007, Christidis
60 et al. 2010, Ballester et al. 2011, Huang et al. 2012, Martin et al. 2012, Morabito et al. 2012, Robine
61 et al. 2012, Li et al. 2013, Benmarhnia et al. 2014, Bennett et al. 2014, Hajat et al. 2014, Lowe et al.
62 2015). Once the capacity of the human body to mitigate the external sources of heat stress is
63 exceeded, risk of homeostatic failure (Kettaneh et al. 2010), disease exacerbation and death
64 rapidly start to increase (McMichael et al. 2012). The exposure to cold winter temperatures is
65 instead associated with direct effects such as hypothermia, but especially with indirect
66 pathologies such as cerebrovascular disorders, ischaemic heart disease or respiratory infections
67 (The Eurowinter Group 1997, Simonsen et al. 2007).

68 The risk of death in a society is also influenced by a number of socioeconomic factors,
69 such as the macroeconomic situation of the country, the level of income poverty and inequality,
70 the amount of government expenditure on education and health or simply the kind of lifestyle
71 and habits of human individuals (Healy 2003). On the contrary, the degree of exposure to
72 environmental temperatures can be reduced through socioeconomic progress (Kunsk et al.
73 1990) and by means of physiological, behavioral and cultural adaptations of the society
74 (McMichael et al. 2006), such as improvements in prevention, healthcare and early warning
75 systems, the design of action plans for deprived people, a systematic vaccination against
76 influenza (Simonsen et al. 2007), a change for healthier diets or a better acclimatization and
77 insulation of buildings (Healy 2003, Christidis et al. 2010, Kettaneh et al. 2010).

78 The record-breaking summer 2003 heat wave, which has been described as an event
79 sharing similar characteristics with future summers simulated by state-of-the-art climate models
80 for the end of the 21st century (Schär et al. 2004), caused 70,000 excess deaths in western Europe
81 (Robine et al. 2008). Mortality projections inferred from transient climate change simulations for
82 the present century point to a steady decreasing (rising) trend in cold- (heat-) related mortality
83 (Ballester et al. 2011). Nonetheless, the scientific community has long debated the net
84 contribution of global warming to overall annual mortality, i.e. whether the increase in the

85 summer counts of deaths will be totally (Keatinge et al. 2000, Christidis et al. 2010, Ballester et
86 al. 2011, Martin et al. 2012) or only partially (Kalkstein and Greene 1997, Morabito et al. 2012,
87 Huang et al. 2012, Li et al. 2013, Hajat et al. 2014) offset by the decline in winter mortality. These
88 projections are still subject to huge uncertainties, such as in the methodology used to model the
89 relationship between environmental variables and mortality (Benmarhnia et al. 2014), the set of
90 assumptions made in order to estimate the future evolution of the sociodemographic profile
91 (e.g. age pyramid or macroeconomic indicators) or the degree of adaptation of human societies
92 to rising summer and winter temperatures (Ballester et al. 2011).

93 In a recent study, Staddon et al. (2014, hereafter SMD14) increased the complexity of
94 this challenging puzzle by showing that the year-to-year association between excess winter
95 deaths and winter temperatures has progressively disappeared in England and Wales during
96 the second half of the twentieth century. They extrapolated this result to conclude that climate
97 warming will not decrease winter mortality in economically developed societies such as
98 Europe, Canada and the United States. Here we test this hypothesis by evaluating the
99 relationship between winter temperatures and numbers of deaths in 187 NUTS2 regions (i.e.
100 second level of the Nomenclature of Territorial Units for Statistics; Robine et al. 2008, Ballester
101 et al. 2011) representing more than 400 million people in western Europe. For the first time, our
102 study comprehensively characterizes the spatial picture of human vulnerability to winter
103 conditions at the continental level, showing that the vast majority (81%) of the European
104 population still remains exposed to climate variability, concluding that global warming will
105 contribute to the overall decrease in winter mortality.

106 In the search of the spatial picture of current human vulnerability to winter conditions,
107 Figure 1a shows the correlation map between the annual time series of winter mean
108 temperature and mortality for each of the European regions. This figure confirms the lack of a
109 strong year-to-year relationship in England and Wales for the present period (-0.12, Table 1a),
110 which is coherent with the small correlation between excess winter deaths and winter day
111 frequency found in SMD14 for the same period. The absence of a year-to-year dependency is
112 found in very few other regions: the Netherlands, Belgium and two northern regions in France
113 (Nord-Pas-de-Calais and Picardie). Large year-to-year correlations are instead found in all the
114 other countries included in the domain of study, ranging from -0.97 in Portugal to -0.60 in
115 Denmark (Table 1a). The sharp contrast between correlation values in neighboring regions of
116 the Netherlands, Belgium and Germany suggests that the spatial distribution of the year-to-year
117 relationship is not primarily linked to differences in climatological winter conditions, which are
118 predominantly characterized by large-scale synoptic atmospheric patterns across political
119 borders. Thus, correlations in the Netherlands and Belgium are close to zero, while values in the
120 neighboring German regions of Rhineland-Palatinate, Lower Saxony and Rhine-Westphalia are
121 -0.79, -0.74 and -0.71, respectively. Indeed, the ensemble of correlations of the 16 regions in
122 Germany are significantly different from the values in the Netherlands and Belgium ($p < 0.001$),
123 ranging from -0.92 to -0.65 except in the particular case of the small city-state of Bremen (-0.44).

124 Nonetheless, the spatial picture of human vulnerability to cold conditions is not only
125 determined by the year-to-year association between seasonal mean temperature and mortality
126 shown in Figure 1a, but also at the intraseasonal timescale. It is well known that the relationship
127 between daily temperatures and counts of deaths displays an asymmetric U-, V- or J-shape with
128 monotonically increasing incidence rates for temperatures warmer or colder than the
129 temperature interval of minimum mortality (Supplementary Figure 1; Huynen et al. 2001,
130 McMichael et al. 2006, Christidis et al. 2010). This so-called comfort temperature is found to be
131 between 4°C and 9°C warmer than the annual mean temperature (Figure 2; see also Ballester et
132 al. 2011), and therefore the cold part of the daily temperature/mortality relationship covers a
133 larger range of temperatures and calendar days. At the same time, however, the increase in
134 mortality per unit of temperature is generally steeper in the warm part of the relationship
135 (Supplementary Figure 1). The combination of these two opposing factors explains the non-

136 monotonic long-term projection of future annual mean mortality inferred by Ballester et al.
137 (2011), with an increase of heat-related mortality that will be totally (only partially) offset until
138 (after) 2040 by the decline in the counts of deaths due to cold temperatures.

139 The European map of human sensitivity to cold days and extremes is depicted in Figure
140 1b as the regression coefficient between daily temperature and mortality data during the winter
141 season. This dependency is shown to be approximately linear in all the countries
142 (Supplementary Figure 1), and therefore the regression coefficient describes the sensitivity to
143 cold temperatures for all kind (i.e. mild, moderate and extreme) of winter days. The map
144 illustrates the paradox of winter mortality, in which the highest vulnerability to cold days is
145 found in the temperate regions of southern Europe: -1.13, -0.67 and -0.52 daily cases/million/°C
146 in Portugal, Spain and Italy, respectively (Table 1b). This apparent paradox is explained by
147 multiple factors (Healy 2003), such as the better housing insulation in the areas with severe
148 climatological winter conditions in central and eastern Europe. Thus, the lowest regression
149 coefficients of daily data are found in the Netherlands, Switzerland and Germany (-0.14, -0.15
150 and -0.16 daily cases/million/°C, respectively; Table 1b). The contrast between the larger
151 vulnerability in the southern regions and the higher degree of acclimatization in the
152 northeastern countries is better expressed through the largely negative correlation between
153 climatological winter mean temperatures and the regression coefficients of daily data at the
154 regional level (-0.74, Supplementary Figure 2).

155 It is important to note that the United Kingdom is the fourth country with higher day-
156 to-day regression coefficient (-0.38 daily cases/million/°C), but in contrast it is the third country
157 the least exposed to harsh winters (year-to-year correlation of -0.12, Table 1a,b). The opposite
158 situation is found in many countries in central Europe (e.g. Switzerland, with a year-to-year
159 correlation of -0.88 and a day-to-day regression of -0.15 daily cases/million/°C, Table 1a,b). The
160 different degree of adaptation to seasonal mean temperatures and cold winter days highlights
161 the different spatial distribution of the vulnerability to year-to-year and day-to-day winter
162 temperature anomalies (cf. Figures 1a,b).

163 These spatial differences are currently generating a vivid scientific debate. In the
164 particular case of the United Kingdom, SMD14 compared socio-demographic data between
165 1951-1976 and 1976-2011 and pointed to increased help for vulnerable sections of the population
166 and improvements in housing, standards of living and healthcare systems as primary factors
167 explaining the progressively declining year-to-year association between excess winter deaths
168 and winter mean temperatures. This result, which is coherent with the year-to-year correlation
169 map depicted in Figure 1a, was seen to be largely explained by the decreasing influence of
170 housing quality and cold temperatures and the growing impact of flu activity (SMD14).
171 Similarly, Carson et al. (2006) showed the declining year-to-year variability and trend in (all
172 cause, cardiovascular, respiratory and non-cardiorespiratory) winter mortality in the city of
173 London during the last century.

174 On the contrary, other authors have studied the spatial covariance between several
175 socio-demographic factors and the vulnerability to cold temperatures during the last quarter of
176 the twentieth century, and they found a spatial distribution that largely mimics the regression
177 coefficient map shown in Figure 1b. For example, Healy (2003) identified the United Kingdom
178 as one of the countries with largest seasonal variation (i.e. winter vs. other seasons) in mortality,
179 together with the neighboring Ireland and the southern countries of Portugal, Spain, Italy and
180 Greece (cf. with Figure 1b). Healy (2003) determined several explanatory factors of the
181 comparatively large incidence of winter mortality in these countries: parity adjusted per capita
182 national income, per capita health expenditure, rates of income poverty, inequality, deprivation
183 and fuel poverty and several indicators of residential thermal standards. The Eurowinter Group
184 (1997) also found similar results in spatial covariance for the same countries, pointing to factors
185 such as low living-room temperatures, limited bedroom heating, low proportions of people
186 wearing hats, gloves and anoraks, and inactivity and shivering when outdoors at 7°C.

187 The different spatial distribution shown in these studies, which is here generalized and
188 provided in further detail in Figures 1a,b, poses an apparent contradiction: if the vulnerability
189 of a society to cold days increases with decreasing temperatures, should not this society be more
190 sensitive to years with harsh winters compared to milder winters? In other words, are large
191 (small) day-to-day regression coefficients compatible with small (large) year-to-year
192 correlations in a given city, region or country? A theoretical solution to this dilemma is
193 schematically proposed in Figure 3, in which the probability distribution function of daily
194 temperatures and the temperature/mortality relationship are shown in red and dark blue,
195 respectively. During colder-than-normal winters ($\Delta T < 0$), the society might take actions in order
196 to stop or damp the subsequent increase in seasonal mortality, which is here expressed through
197 the translation of the temperature/mortality relationship along the temperature axis (ΔR , with
198 $\Delta T \leq \Delta R \leq 0$). The larger is the response to these adverse environmental conditions, the larger
199 will be the degree of acclimatization of the society at interannual timescales (α , with $\Delta R \approx \alpha \cdot$
200 ΔT). Note that the level of vulnerability to cold seasonal temperature anomalies ($0 \leq 1 - \alpha \leq 1$, cf.
201 with Figure 1a) is not conceptually related with the degree of sensitivity to cold temperature
202 days ($\beta = \partial M / \partial T$, Figure 1b). For example, in the United Kingdom, year-to-year correlations are
203 small (i.e. small vulnerability to cold seasonal anomalies, or $1 - \alpha \approx 0$) and day-to-day regression
204 coefficients are large (i.e. large sensitivity to cold temperature days, or large β), while the
205 opposite situation is found in many countries in central Europe (e.g. Switzerland, with $1 - \alpha \approx 1$
206 and small β , cf. Figures 1a,b).

207 The α coefficient represents the adaptation response of the society to year-to-year
208 temperature fluctuations, but an analogous acclimatization mechanism is found at longer
209 timescales. Climatological and comfort temperatures are strongly associated, so that the colder
210 is the climate in a region the colder is also the temperature at which citizens experience the
211 lowest temperature-related mortality rates ($r = 0.87$; Figures 2a,b). The spatial regression
212 coefficient of this nearly linear relationship is however lower than 1, i.e. a decrease of 2°C in
213 winter mean temperature is associated with a decrease of 1°C in the comfort temperature ($r =$
214 0.69 , Supplementary Figure 3). As a result, the difference between comfort and annual mean
215 temperatures is negatively correlated with both the climatological base state and the
216 temperature of minimum mortality (cf. Figures 2a,b with Figure 2c). These relationships suggest
217 that human populations exposed to cold background temperatures have experienced a long-
218 term acclimatization process, where $\Delta R' \approx \alpha' \cdot \Delta T$ represents the spatial dependency between
219 winter mean (T) and comfort (R') temperatures. The fact that the α' coefficient is lower than 1
220 (i.e. $\alpha' \approx 0.5$, Supplementary Figure 3) suggests that this long-term adaptation scheme might be
221 partially constrained by mechanisms linked to human physiology and/or the natural dynamics
222 of the pathogens associated with the seasonal rise of mortality in winter. Nonetheless, this
223 incomplete acclimatization process seems to be somehow complemented by the decreasing
224 values of the day-to-day regression coefficients with latitude (i.e. Figures 1b,2c are negatively
225 correlated in space).

226 The different, and apparently contradictory, spatial distribution of human vulnerability
227 to year-to-year and day-to-day winter anomalies (i.e. Figures 1a,b) has become a central topic of
228 intense ongoing scientific debate, which is especially vivid in the particular case of the United
229 Kingdom. SMD14 analyzed data from December to March to show that the year-to-year
230 association between excess winter deaths and winter temperatures has declined during the last
231 6 decades, concluding that there is no evidence that excess winter deaths will fall if winters
232 warm with climate change. Hajat and Kovats (2014) responded that the analysis of SMD14 was
233 flawed because the excess winter deaths are an inappropriate metric for the evaluation of health
234 impacts associated with either current or future climate, and because cold-related mortality is
235 not restricted to the December-March period. Nonetheless, our analyses are not based on excess
236 winter deaths, but they still confirm the main result of SMD14 for the United Kingdom (i.e.
237 year-to-year correlation of -0.12, Table 1). Additional analyses were performed in order to show

238 that results remain unchanged when correlations are computed for the cold half of the year,
239 regardless of the period of months used for the calculations (i.e. year-to-year correlation of -0.11,
240 Supplementary Table 1).

241 Here we conclude that this intense scientific debate simply stems from a misleading
242 comparison between apples and oranges, that is, between types of acclimatization that are
243 conceptually different and cannot be compared. On the one hand, in the light of the declining
244 year-to-year association between excess winter deaths and winter temperatures in England and
245 Wales (cf. with Figure 1a), SMD14 concluded that many of the studies describing a significant
246 association in economically developed societies such as Europe, Canada and the United States
247 were correct on the basis of old data available a couple of decades ago, while more recent
248 studies are either inconclusive or show a weak relationship. The studies cited by SMD14 (please
249 find the references therein) however generally describe the increase in the odds of death for a
250 1°C decrease in daily winter temperatures, which is equivalent to the methodology used in
251 Figure 1b. In addition, our Figure 1a contradicts this generalization by showing that year-to-
252 year correlations are still large in most of the countries in western Europe, representing the 81%
253 of the analyzed population. On the other hand, Hajat and Kovats (2014) used the
254 supplementary material of Bennett et al. (2014) (see Supplementary Figures S4 and S5 therein)
255 as a counterexample to the results of SMD14 for the United Kingdom. However, the
256 methodology used in Bennett et al. (2014) is equivalent to the day-to-day regression coefficient
257 map shown in Figure 1b, while the analysis in SMD14 is completely based on year-to-year
258 correlations (cf. with Figure 1a).

259 Our study characterizes the spatial variability associated with the degree of
260 acclimatization of the European society to cold winter temperatures at interannual and
261 intraseasonal timescales, providing for the first time a detailed picture of current human
262 vulnerability at the regional level. Strikingly, Figures 1a,b show that the degree of exposure to
263 cold temperatures is different at different timescales, suggesting that a society that remains
264 particularly sensitive to cold extreme days can take actions in order to decrease and eliminate
265 the seasonal vulnerability to harsh winters, and vice versa. Nonetheless, the future evolution of
266 temperature-related mortality will be both determined by the temperature/mortality
267 relationship, which is largely characterized by the slope in each tail (e.g. β coefficient in Figure
268 3) and the capacity of acclimatization of the society to increasingly warmer year-to-year
269 temperature anomalies (α coefficient in Figure 3). Although the spatial distribution and future
270 evolution of the degree of exposure to both year-to-year and day-to-day variability are key to
271 infer the contribution of climate change to future projections of mortality (Figures 1a,b), very
272 few studies have considered the combined effect of these two factors. McMichael et al. (2006)
273 was the first to propose a conceptual framework with decreased mortality rates in the warm
274 tail, expressing the acclimatization to warm temperatures as climate warms, which was
275 subsequently generalized by Ballester et al. (2011) to infer the long-term projection of future
276 annual mean mortality under scenarios of acclimatization to warm and/or cold temperatures.

277 Given the different nature and spatial distribution of human exposure to these two
278 phenomena, here we propose an index that integrates the vulnerability associated with cold
279 days and harsh winters. This index of sensitivity to cold temperatures is defined as the product
280 (with reversed sign) of the year-to-year correlation and the day-to-day regression coefficient
281 (see Methods). Note that the index is close to zero if the response of the society to adverse
282 seasonal temperatures is large (i.e. small year-to-year correlation, or $\alpha \approx 1$ in Figure 3) and/or the
283 slope of the temperature/mortality relationship is small (i.e. $\beta \approx 0$ in Figure 3). The index is
284 found to be small in the Netherlands, Belgium and the United Kingdom (0, 0 and -0.05 daily
285 cases/million/°C, respectively), and large in the southern countries of Portugal, Spain and Italy
286 (-1.09, -0.60 and -0.50 daily cases/million/°C; Table 1c). The other countries, ranging from
287 Denmark (-0.12 daily cases/million/°C) to Austria (-0.23 daily cases/million/°C), are shown to
288 exhibit intermediate values. Strikingly, the index is shown to integrate the large capacity of

289 adaptation to interannual anomalies in winter mean temperature observed in the Netherlands,
290 Belgium and the United Kingdom with the latitudinally-oriented distribution of vulnerability to
291 cold days and extremes (cf. Figures 1a-c).

292 In conclusion, Figure 1 suggests that climate warming will decrease winter mortality in
293 most of the countries in western Europe. Does this mean though that the European society has
294 to simply wait and embrace the steady increase in global temperatures without taking actions in
295 order to mitigate this change or at least to adapt to its negative impacts? In this sense, European
296 citizens will remain largely exposed to the natural fluctuations in daily and/or seasonal winter
297 temperatures. In addition, Ballester et al. (2011) showed that heat-related mortality will start to
298 completely compensate the reduction of deaths from cold during the second half of the century,
299 unless a substantial degree of adaptation to warm temperatures takes place. In that regard, our
300 unprecedented characterization of the different types of human acclimatization will prove
301 useful for a better understanding of the adaptation measures so far implemented in some
302 countries, in order to be generalized also in those societies that are still vulnerable to
303 environmental cold temperatures.

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306 Methods

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308 Daily regional counts of mortality from 1 January 1998 to 31 December 2005 were
309 collected for 16 European countries representing around 405 million people. These countries are
310 Austria, Belgium, Croatia, the Czech Republic, Denmark, France, Germany, Italy, Luxembourg,
311 Netherlands, Poland, Portugal, Slovenia, Spain, Switzerland and the United Kingdom (England
312 and Wales only). Daily high-resolution ($0.25^\circ \times 0.25^\circ$) observations and A1B greenhouse gas
313 emission scenario simulations ($25 \times 25 \text{ km}^2$) of daily mean 2-meter temperature were derived
314 from E-OBS v10 (Haylock et al. 2008) and the ENSEMBLES project (Jacob et al. 2008),
315 respectively. Observational and simulated gridded datasets were interpolated to the regional
316 level by taking into account the higher population density in cities and metropolitan areas. The
317 time lag between temperature and counts of deaths was chosen in order to maximize the
318 amount of explained variance: unlagged for summer (June-September, Keatinge et al. 2000) and
319 1 week for autumn, winter and spring (October-May, Kunst et al. 1993). The combined index of
320 vulnerability was defined as $-\min(c, 0) \cdot r$, where c represents the year-to-year correlation
321 between winter mean temperature and mortality (unitless) and r the regression coefficient
322 between daily temperature and mortality for winter days (in daily cases/million/ $^\circ\text{C}$).

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Contributions

J.B. took the lead role in the design of the study, analyzed the data and wrote the manuscript. X.R. contributed to the discussion of results and to the revision of the manuscript. F.R.H. and J.M.R. collected the set of daily regional numbers of deaths.

Competing financial interests

The authors declare no competing financial interests.

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Country	a. Year-to-year correlation	b. Day-to-day regression coefficient	c. Combined index of vulnerability
Portugal	-0.97	-1.13	-1.09
Spain	-0.88	-0.67	-0.60
Italy	-0.96	-0.52	-0.50
Austria	-0.96	-0.24	-0.23
Czech Republic	-0.88	-0.25	-0.22
Croatia	-0.97	-0.23	-0.22
France	-0.83	-0.26	-0.22
Slovenia	-0.93	-0.20	-0.19
Luxembourg	-0.81	-0.17	-0.14
Germany	-0.85	-0.16	-0.13
Switzerland	-0.88	-0.15	-0.13
Poland	-0.70	-0.18	-0.13
Denmark	-0.60	-0.21	-0.12
United Kingdom	-0.12	-0.38	-0.05
Belgium	0.38	-0.22	0.00
Netherlands	0.08	-0.14	0.00

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Table 1. Human vulnerability to winter (DJFM) temperatures at the country level.

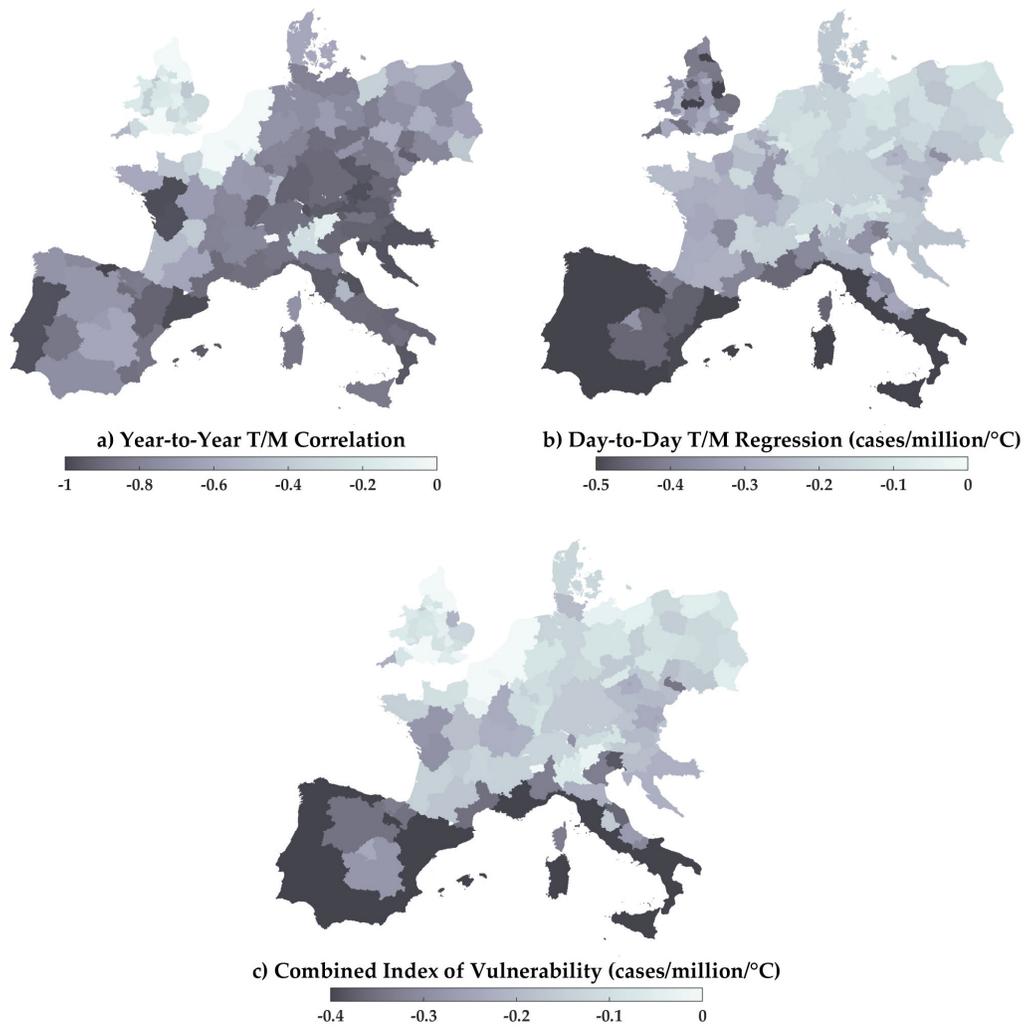
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(a) Year-to-year correlation between winter mean temperature and mortality. (b) Regression coefficient between daily temperature and mortality for winter days (daily cases/million/°C). (c) Combined index of vulnerability to winter temperatures (daily cases/million/°C).



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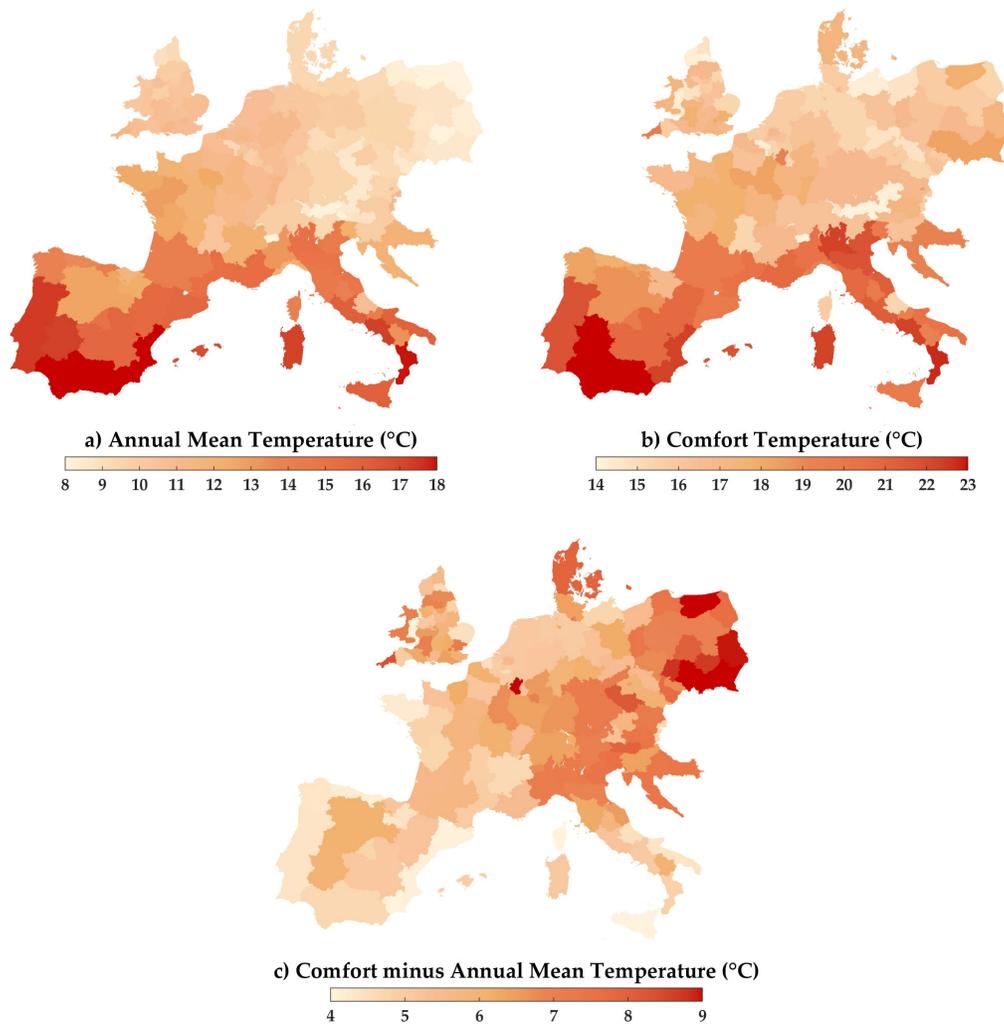
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463 **Figure 1. Human vulnerability to winter (DJFM) temperatures at the regional level.**

464 (a) Year-to-year correlation between winter mean temperature and mortality. (b) Regression

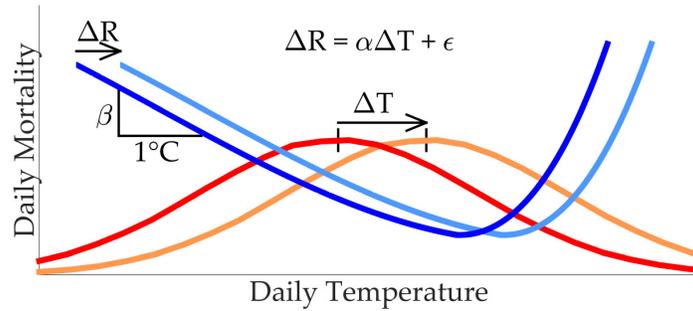
465 coefficient between daily temperature and mortality for winter days (daily cases/million/°C). (c)

466 Combined index of vulnerability to winter temperatures (daily cases/million/°C).



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Figure 2. Annual mean (a) and comfort (b) temperature (°C).
Panel c shows the difference between comfort minus annual mean temperature (°C).



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Figure 3. Schematic representation of human adaptability.

The probability distribution function of daily temperatures and the daily temperature/mortality relationship are shown in red and dark blue, respectively. Year-to-year anomalies in the temperature probability distribution function (ΔT) and the temperature/mortality relationship (ΔR) are represented in orange and light blue, respectively. The societal response to interannual temperature anomalies is expressed as $\Delta R = \alpha \cdot \Delta T + \epsilon$, where $0 \leq \alpha \leq 1$ is the degree of adaptability of the society and ϵ is a non-temperature-related zero-mean noise process. Note that the level of vulnerability to cold seasonal temperature anomalies ($0 \leq 1 - \alpha \leq 1$, cf. with Figure 1a) is not directly related with the degree of sensitivity to cold temperature days ($\beta = \partial M / \partial T$, Figure 1b).

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Country	a. Year-to-year correlation	b. Day-to-day regression coefficient	c. Combined index of vulnerability
Portugal	-0.92	-1.34	-1.23
Spain	-0.78	-0.74	-0.58
Italy	-0.82	-0.59	-0.49
Austria	-0.93	-0.30	-0.28
Czech Republic	-0.94	-0.29	-0.27
Croatia	-0.82	-0.33	-0.27
France	-0.86	-0.26	-0.22
Slovenia	-0.71	-0.23	-0.17
Luxembourg	-0.95	-0.23	-0.22
Germany	-0.82	-0.25	-0.20
Switzerland	-0.65	-0.24	-0.16
Poland	-0.88	-0.22	-0.19
Denmark	-0.33	-0.35	-0.12
United Kingdom	-0.11	-0.56	-0.06
Belgium	0.29	-0.36	0.00
Netherlands	-0.15	-0.22	-0.03

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Supplementary Table 1. Human vulnerability to cold temperatures at the country level.

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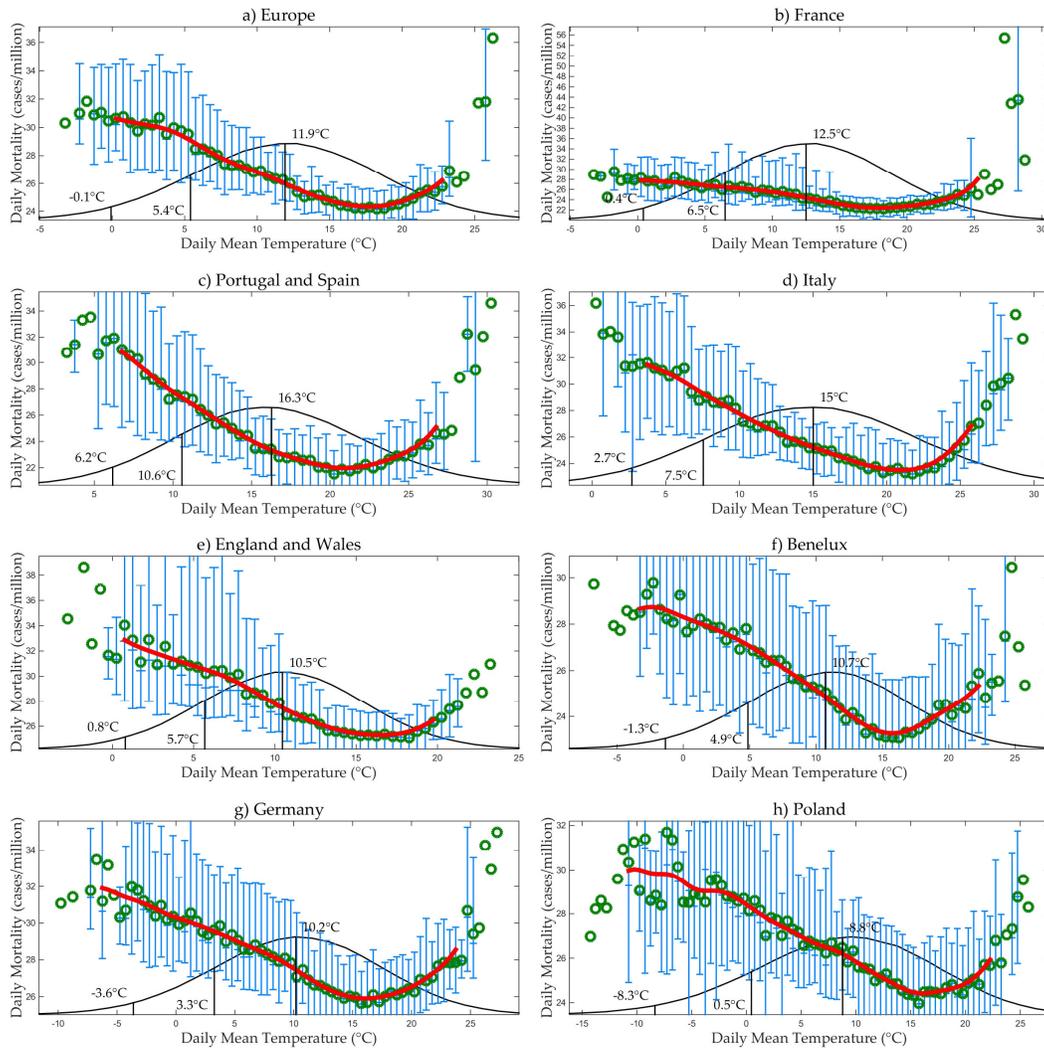
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Values are computed for the ensemble of days colder than percentile 50 of the temperature probability distribution function (i.e. cold half of the year), regardless of the month. (a) Year-to-year correlation between winter mean temperature and mortality. (b) Regression coefficient between daily temperature and mortality for winter days (daily cases/million/°C). (c) Combined index of vulnerability to winter temperatures (daily cases/million/°C).

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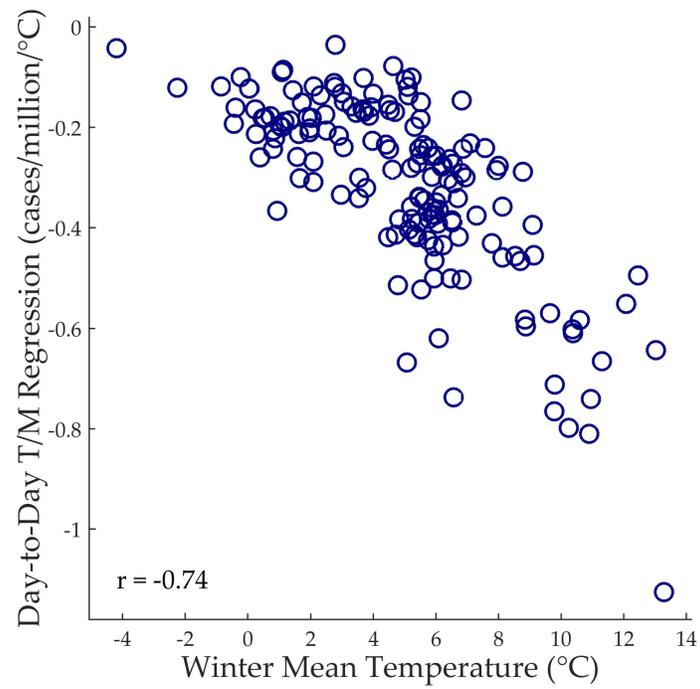
Supplementary Figure 1. Relationship between daily temperature and mortality for winter (DJFM) days.

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The temperature/mortality relationship ($^{\circ}\text{C}$ vs. daily cases/million) is shown for Europe (a), France (b), Portugal and Spain (c), Italy (d), England and Wales (e), Benelux (f), Germany (g) and Poland (h). Green circles correspond to temperature and mortality averages of daily data within equally-spaced temperature intervals, and blue vertical lines to the 90% confidence interval of daily mortality. Red curves show the running average of interval mean temperature and mortality daily data.

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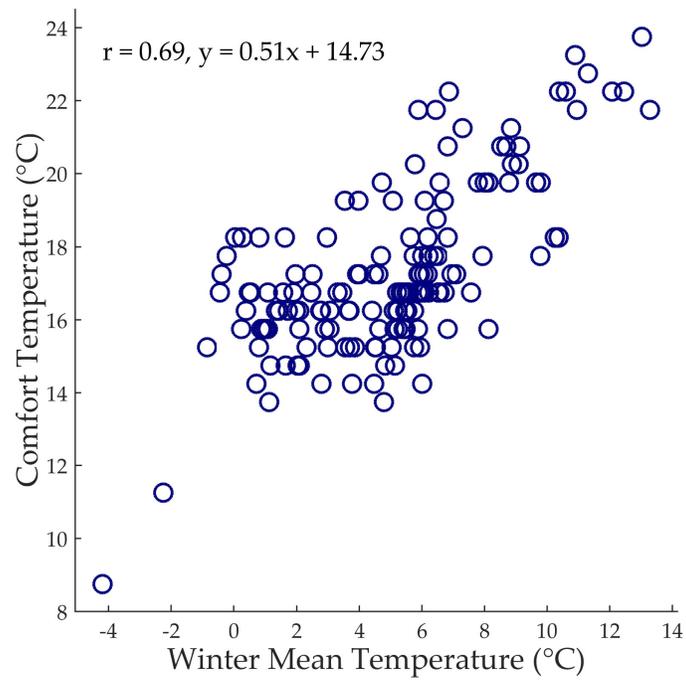
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Supplementary Figure 2. Relationship at the regional level between winter mean (DJFM) temperature (x-axis, °C) and the regression coefficient between daily temperature and mortality for winter days (y-axis, daily cases/million/°C).

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Supplementary Figure 3. Relationship at the regional level between winter mean (DJFM) temperature (x-axis, °C) and comfort temperature (y-axis, °C).