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### Abstract:

This deliverable summarizes the dissemination strategy that is planned for the **INCA** project. Additionally, this report provides information about the dissemination

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\* (a) PR = Prototype

**RE** = Report

**SP** = Specification

**OT** = Others

\* (b) P = Public, for wide dissemination (public deliverables shall be of professional standard in a form suitable for print or electronic publication)

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For further information related to this Deliverable or to the **INCA** project please visit the project Web site:

http://w.in3ca.eu

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<sup>&</sup>lt;sup>1</sup> Please use a new number for each new version of the deliverable. Add the date when this version was issued and list the items that have been added or changed. The 'what's new' column will help the reader in identifying the relevant changes. Don't forget to update the version number and date on the header.

<sup>&</sup>lt;sup>2</sup> A deliverable can be in either of these stages: "draft" or "final". For each stage, several versions of a document can be issued. *Draft:* Work is being done on the

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# 1. INTRODUCTION

Dissemination is an **ongoing process** that in **INCA** starts at the beginning of the project and will last until the closing of the project and behind.

Although we would like to impose our priorities depending on availability of resources, unfortunately, in practice, this is not the usual to do but to adapt to the opportunities of the moment. And even so, having to match the agendas of a group of partners from different countries with a given opportunity is always a challenge.

The dissemination period is highly affected by the sector programming, where most of the important events come all together (usually during the months preceding summer and after it), what means activities can be multiple and continuous in some periods, almost frenetic, while may be quieter in others.

Being in a project not of pure research but closer to the market, has some connotations that make us more vulnerable, as for example, dealing with audiences that look beyond the research experience and where the publication of "scientific papers" is rather the exception than the norm. On the other side, big events usually require to be subscribed to, long in advance, what is not always possible. In any case INCA Consortium will do its best to be present in those events considered relevant, either big or not, by prioritising quality over quantity and, in last term, feasibility.

INCA dissemination activities are considered from the initial stage of the project, since dissemination is essential for take-up, and take-up is crucial to the success of the project and sustainability of outputs in the long term. Dissemination informs the community about what we have and the benefits of using it.

International lower periods of activity are good times for doing internal and local dissemination (updating internal people, informing other colleagues, assisting to local events, looking for collaborations with other providers and projects, updating content and material, etc.).

In these activities **INCA** Consortium is facing the challenge of how to disseminate to maximum effect within the constraints of the resources allocated to our project.

We believe it is helpful to think about dissemination in three different ways:

# 1) Dissemination for Awareness

Making others aware about our work. This is dissemination useful for those target audiences that do not require a detailed knowledge of our work but it is helpful for them to be aware about our activities and outcomes. Creating such an awareness of our project's work will help the "word of mouth" type dissemination and help build an identity and profile within nearest communities around us.

# 2) Dissemination for Understanding

Will be targeted directly to the groups of interest, because we believe that they can benefit from what our project has to offer. It is, therefore, important that these groups/audiences have a deeper understanding of our project's work.

#### 3) Dissemination for Action

Referred to as the change of practice resulting from the adoption of services or approaches offered by our project. These groups/audiences will be those people that are in a position to "influence" and "bring about change" within their organizations and as such will need to be equipped with the right skills, knowledge and understanding of our work in order to achieve real change.

# 2. INCA Dissemination Plan

In INCA Dissemination Plan, besides drawing a timetable of activities mapped out with the human and financial resources allocated, the involvement of ALL partners is considered crucial; they will each have a unique contribution to make, specific skills and knowledge to draw on, and a new set of people to interact with to further the process.

#### Situation Communications Communications Sustaining Evaluation plan Analysis strategy the project · Project vision/mission Aim Activity Plan Tools & processes Activities Objectives Project aim/objectives Key activities Resources & for evaluation of the Project USP Key messages Responsibilities strategy and plan Responsibilities Stakeholders grouping Key communications By when? (focus on objectives. .. for sustaining the Stakeholders needs channels and tools Priorities measures of succes project What we aim to and issues Resources required and impact) achieve (measures of success) ■ Is is SMART? Prioritisations Strategic? Meaurable? Attainable? Relevant? · Time-specific?

#### Communications Strategy and Plan

The Dissemination Plan (this document) is to ensure that **all project partners know what their roles and responsibilities are** when it comes to those all-important "valorisation" activities.

INCA dissemination actions will try hard to take account of the needs of users, the sector those users work in and all other interested parties. As far as possible, INCA dissemination plan will be flexible enough to allow target groups and other stakeholders to become involved during the development of the project. This will help to ensure that the project remains on track in terms of their needs. Such participation will also draw attention to the potential value of the project, and for sure, will even help to spread the news about the work to other interested parties throughout Europe.

This is done with a view to **optimising** the value of the project, **strengthening** its impact, **transferring** it to other contexts, and **integrating** it in a sustainable manner into the broader European context.

The purpose of dissemination in **INCA** goes beyond creation of awareness (first needed step for the project to be known), information and engagement, but the purpose is to convince with demonstrations and by use, about the effectiveness of the proposed solution. Towards this end, Consortium is doing (and has to do a long all the project) extra efforts not only informing, but also teaching, guiding, advising, filtering, mediating among different groups....

**INCA** dissemination plan (which is a part of the overall project plan) explains how the project will share outcomes with stakeholders, relevant institutions and organisations, and how it will contribute to the overall dissemination strategy for the programme.

**INCA** dissemination is the purposive distribution of information and intervention materials to a specific public health or clinical practice audience. The intent is to spread information and the associated evidence-based interventions. Dissemination addresses how information about **INCA** is created, transmitted, and interpreted among a variety of important stakeholder groups.

The Dissemination Plan will explain the **message** to disseminate; to whom (the **audience**); why (the **purpose**); how (the **method**); when (the **timing**).

### 2.1 The environment

In INCA we moved in a very competitive environment, amid big players and vested interests mainly defined by current policies actions rather than by practical recommendations or what it would be advisable to do. Barriers keep preventing the sharing of information and the so much talked patient empowerment is in practice an exception rather than the norm.

Amid suspicious, mistrust and big vested interest of incumbent actors, we have to move cautiously and convince with facts. Education (training) and facts, accompanied by service excellence, are the answers we are delivering with each one of the stakeholders we are approaching to. This is a hard work consuming a lot of time and resources, but we believe this is the way to lead to results. This allows us to carry out intensive dissemination activities that tailor the message and medium to a specific audience.

Working with real cases, is an opportunity for significant collaboration with knowledge users, including the development or refinement of questions, selection of the methodology, data collection and tools development, selection of outcome measures, interpretation of the findings, crafting of the message and dissemination of the results.

**INCA** Dissemination Plan envisages awareness raising and capacity building of public health professionals as first circle in dissemination. This will be reached during the first project year with web-site, leaflet, project activities and publications (especially actuation guidelines).

Methods used are mainly training, web site, conferences and project publications. Once trained, health professionals will in turn be the best disseminating agents in their broad environment to decision makers, organizations etc.

Web-site is functional from M2, providing information about project to partners, target groups and general public. Training of pilots equipping project partners with skills and knowledge have started and will last until the end of the year.

# 3. What is the message we want to transmit in INCA?

**INCA** is a project funded through CIP ICT-PSP EU Programme and as such needs to achieve maximum impact. The objective is that **INCA** could radiate as widely as possible so that the valuable **lessons and experience** the **INCA** Consortium can gain through it can benefit others.

#### What INCA is

**INCA** is a full service "*in the cloud*" offering *socio-sanitary* stakeholders the opportunity to deliver *pragmatic eHealth* services "*very fast, very cheap and with little upfront investment*", proposing solutions to change the way things have been done in almost every European socio-sanitary market.

The aim of INCA is to Validate and to start a pragmatic Initial Deployment in Europe, of inclusive friendly and engaging multi-channel "patient-centric" communication care networks of integrated socio-sanitary care e-Services (integration of the whole personalised care chain provision of health care, social care, long-term and self-care in any kind of health/living conditions) among Public, Private and Third sector stakeholders

#### What is different in INCA

**INCA** creates a *friendly* and *engaging* "*patient-centred"* care *network* around the Patient that is *better co-ordinated* across *care settings* and *over time*, by the same Patient or his/her Caregivers, acting on behalf with proper grant permits:

- They can create their own Social and Health Care Professionals [and / or Volunteers] NETWORK and they can decide how to communicate and to interact directly or indirectly with these stakeholders, using accessible IT channels fitting any ICT-skills level;
- They own their Patient Care Repository (PCR) (even if they are not able to "manage" it properly) sharing it with as many professionals as needed (i.e.: second opinion services or suddenly when urgent help is needed, even abroad ...);
- And they are now being monitored remotely and "proactively" by different health and social service providers along their Care Chain, who are also able to share information between them through the Patient (as Go-Between or Mobile Hub), no matter where every provider is, which language they speak or what IT tools they used on their daily work.

# What is the INCA "added value" for the users?

We seek to transform:

A client's intent

- For patients and informal caregivers, INCA is easily adoptable and accessible through landline and old-fashion mobile phones and new digital devices. It strengthens communications and encourages compliance with medication and treatment regimens. And INCA is a FREE service to patients, their caregivers and family members.
- For Socio-Sanitary Care Providers, INCA is a social interface with patients that integrates easily into the front office workflow. It helps healthcare professionals to manage and enhance their practice reputations. INCA engages health professionals and staff to coordinate home and [social] community care for patients, influencing clinical outcomes and opening the door to remote monitoring and better coordinated care initiatives.
- For new Accountable Care Agreements, INCA is a portal into the home and community that helps providers to manage patient expectations and relationships. It facilitates messaging, delivers content to influence patient behaviour and choice and builds patient affinity. INCA documents provider performance and patient satisfaction, helping to improve efficiency, lower costs and enhance "value for money". INCA is an effective aid to meeting quality thresholds, managing population health and post-transitional care, helping to generate clinical outcome metrics, and improve customer satisfaction.

# Original science ...medical advances Scientific potential ...market value Potential skepticism ...professional acceptance Raw data into... ...a convincing case Complex findings ...clear implications Specialist's jargon ...user's guidance

...achievable goals

# 4. INCA Audience: Stakeholders / Target Groups

**INCA** Consortium will try to reach an audience as wide as possible and will try to make links to other projects, networks, communities. Moreover, **INCA** partners, given their composition and profile, will give a European value to the project, using their networks and contacts to make the "voice of the project" grow up.

The main target groups identified in INCA are:

- Health Professionals (doctors, nurses, administrative and managerial personnel at Hospitals departments, especially decision makers);
- Municipality Services in charge of Health and Social Services Policies (Social Services personnel, especially Social Workers and those responsible of implementing wellbeing policies among citizens);
- IT Informatics and Services Providers (working for Healthcare institutions)
- Policy Makers
- Users/Patients themselves (elder people with chronic conditions); Patients Associations; Informal Carers (including family, volunteers, neighbours...); NGOs...

Engaging these groups is foreseen to be a costly task consuming a lot of resources. However, counting with tools as **SEED** (ICT PSP project no 297192) for raising the *awareness* of *useful* contents and services previously invested by European Public Sectors, including European projects), **INCA** dissemination activities will have realistic possibilities to successfully achieve its purposes (address the identified targets groups and audiences). A template will be created for all partners to follow, helping to keep track of the dissemination activities within **INCA**.

Beyond specific target groups, WP2 "Dissemination Activities" will expand the dissemination activities to all those that may show an interest in the project, such as Decision Makers, Policy Makers, Private Investors, disadvantaged citizens' associations, NGOs etc.

Our target audiences/groups need, first of all, to know our project exists and have

Start Create Awareness Support Make the Change real

some idea of what is it about and we are trying to achieve. At this initial point, disseminating the

identity is important. For

getting this, alliances with other projects / providers helping to introduce ourselves can be key, as well as links with professionals and associations that could help to promote our profile.

As for the timing, and taking into account time commitments, at the start we will focus on awareness and at the end on "selling" achievements.

We will adopt a multi-strand approach to dissemination to ensure our efforts are effective (website, mailing lists, newsletters, one-to-one, presentations/demonstrations, pressreleases, conferences, e-mail, concertations meetings, reports, media, workshops...)



From a general perspective, **INCA** Marketing and Communication takes place on two levels and addresses two different target groups: Internal and External

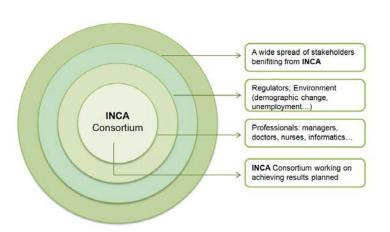


In **INCA** stakeholder means individuals or institutions that may, directly or indirectly, positively or negatively, affect or be affected by the project. In **INCA** case, mainly, medical professionals or professionals working for medical institutions, patients and their carers (public or private).

#### **Internal Working Groups:**

Currently this includes members of the project team from each partner site. These are people supporting the project and in many cases, contributing directly to it, thus should keep informed and updated. Also, Internal project working groups can be used to manage project work and provide and effective mechanism for formative project evaluation.

Benefiting of the already connections of Consortium partners (related with e-



Health) is also a partners requirement in INCA. Equally, networking with other projects and/or networks, is a way to guarantee a big diffusion impact.

# External Working Groups:

Are those who might take up our outputs and those that can help us to "make it happen". These might

be field authorities, other services providers, mass media channels, etc. Consortium will have to think how to engage with them.

We also trust that **INCA NoI** as a mechanism for external communication will provide us with a feedback loop, as a means of involving all the stakeholders in the project.

Neither can we forget about the **community or general public**. **INCA** has much to share with them, as could be questionnaires, and what we learn from our direct experience across different countries in Europe.

And **EC programmes** (other projects): Sharing our results with other projects, within the CIP programme and even across EC programmes. Programmes and

Cluster meetings can be a good opportunity to share what we have done and get feedback from projects doing similar work or facing similar problems and issues.

The table below is a model that can help us to list our key target audiences/groups together with a timescale by which we will have undertaken one or more dissemination activities and a column for stating the reasons for decisions.

	Target Audience/ Group	Timescales	Reasons
Awareness			
Understanding			
Support and Favourability			
Involvement			
Commitment and Action			

# 4.1 Stakeholder Analysis

Stakeholders can be organisations, groups, departments, structures, networks or individuals, and we will try to ensure nobody is left out

Sometimes they are called interest groups, and can have a powerful bearing on the outcomes of political processes.

Finding out who the project stakeholders are, what their positions and interests are and how the project should be presented and framed to appeal to them, is important for assessing different interest groups around the project and their ability to influence its final outcome. It can be also useful later, when results are available and the Consortium may want to use the evidence to create policy impact.

# **Stakeholder Matrix**

Organising stakeholders in a grid according to their interest and power can help us to clarify how we should approach to each of them.

"Interest" measures to what degree they are likely to be affected by the project, and what degree of interest or concern they have in or about it.

"Power" measures the influence they have over the project or policy, and to what degree they can help achieve, or block, the desired change.

**INCA** matrix is plotted against two variables: the level of 'stake' in the outcomes of the project against 'resources' of the stakeholder. Another is the 'importance' of the stakeholder against the 'influence' of the stakeholder. Although the concept is the same, the emphasis is slightly different.

		Importance of Stakeholder			
		Unknown	Little / No importance	Some importance	Significant importance
der	Significant influence				
응		C A			Α
Stakeholder	Somewhat influential	Keep Satisfied		Manage Closely	
of	Little / No influence				
ence		ı	D		В
Influence	Unknown	Mor	nitor	Keep I	nformed

Boxes A, B and C are the key stakeholders of the project. The implications of each box is summarised below:

#### Box A

These are stakeholders appearing to have a high degree of influence on the project, who are also of high importance for its success. This implies that we need to construct good working relationships with these stakeholders, to ensure an effective coalition of support for the project. Examples might be the senior officials and politicians or trade unions.

#### Box B

These are stakeholders of high importance to the success of the project, but with low influence. This implies that they will require special initiatives if their interests are to be protected. An example may be traditionally marginalised groups (e.g. minorities, youth, seniors), who might be beneficiaries of a new service, but who have little 'voice' in its development.

#### Box C

These are stakeholders with high influence, who can therefore affect the project outcomes, but whose interests are not necessarily aligned with the overall goals of the project. They might be financial administrators, who can exercise considerable discretion over funding disbursements. This conclusion implies that these stakeholders may be a source of significant risk, and they will need careful monitoring and management.

#### Box D

The stakeholders in this box, with low influence on, or importance to the project objectives, may require limited monitoring or evaluation, but are of low priority.

We include a checklist for monitoring the progress of dissemination that can be useful for our purposes

(The listed actions are "samples")

Purpose	Target Groups	Method	Vehicle	Timing	Responsibility of
Familiarise consortium members' institutions with project	Peers, Subject staff Specialist staff Support staff IT Academic services staff	Face to face Semi- structured interviews Questionnaires	Personal contact Internal mail, Telephone Email, www,	Jan-June 2014	Consortium members responsible for own institution
Raise awareness of the work of the project	Institutional senior management	Informal meetings			
Promote the project through events					
Promote the project through the press		Articles Stories Press releases Personal contact with journalists Letters			
Promote findings of project					

# 5. INCA Dissemination Purpose

Dissemination is a process requiring a careful match among (a) the creation of products or knowledge, and the context of that creation, (b) the target audiences, and (c) the content, media, formats, and language used in getting the outcomes into the hands (and minds) of those target audiences. It is far more than the simple distribution of paper or products.

Dissemination is a process that requires ongoing support and personal intervention to achieve utilization. All **INCA** partners share in the responsibility to disseminate the project results to all appropriate target audiences, and in accessible formats. In **INCA** the goal of all dissemination is **utilization**. However, utilization may mean different things to different members of a target audience; in some cases, it may mean rejection of a product. The critical element of utilization is that the outcome must be critically and thoroughly digested, and the individual must fit the new information with her or his prior understandings and experience.

In the **INCA** case, effective dissemination and utilization require an understanding of the change process and is critically linked to its timeliness and comprehensiveness.

So we can say that the underlying reason to disseminate **INCA** based information, is to assure it is appropriately considered for use in reaching decisions, making changes, or taking other specific actions designed to improve outcomes. That is, the goal of dissemination in **INCA** is **utilization**. Introducing a new solution in such a complex environment as healthcare is, is all but easy. Many barriers exist, both in dealing with the steps necessary for implementation and in ensuring that recipients have the skills, attitudes, and awareness levels needed to benefit from the proposed solution.

To achieve utilization in the dissemination process:

- In the information provided we are including details of content, context, and resources needed before implementation can be planned in sufficient detail
- Taking into account that the individual needs of information users may vary according to the levels of use and stages of personal concern demonstrated.
- Making users to understand the process and the flow of activities that will be involved
- Adapting the solution and practices to meet the particular needs of each individual organization
- Involving partners parties to be able to contribute to planning
- Presenting information and ideas credible and trustworthy
- Dedicating time and support from beginning to end and devoting personal involvement; providing some level of in-person support including follow-up and ongoing feedback and exchange

# 6. Dissemination Goals

Main goals	Present the project and inform about it. Be accepted and get recognition Win visibility in front of stakeholders Get a name Enhance partners links To be counted among the best projects Get alliances and support from other projects
Targets	All targeted groups Public Administrations (at all levels: Local; Regional; National; European)
Means	Website, Newsletters, presentations at Conferences, workshops, face-to-face meetings; networking; other projects liaisons
Expected Results	Get a name and be recognized in the sector
	Public administrations see us as potential providers/allies matching their strategies

# 7. Dissemination Activities costs

Dissemination costs can be estimated in advance, since the DoW informs us that partners have assigned (under Personnel category) 7P/M (exception done of the WP leader -19- and Coordination -13-) for these activities. That makes roughly 1000 hours for the full project. Breaking down the activities: workshops, newsletters, conferences... estimates of the costs involved should not be difficult to obtain.

Plus, doing a breakdown of costs for each dissemination activity can help to avoid any nasty shocks towards the end of the project.

# 8. Dissemination Measurement

To be effective our dissemination strategy has to be an evolving and constantly developing process, since the environment around us may change during the lifecycle of the project and with it the contexts within which our end users are working. This means we need to put in place suitable mechanisms for



reviewing our progress and the extent to which our dissemination strategy is meeting our objectives.

To be able to do this (review and measure progress), we have to establish clear targets at the outset. We believe that one of the most effective ways of establishing targets is to link them to the five purposes of dissemination as outlined earlier as this will help to focus and drive the dissemination.

The five purposes are:

- Awareness
- Support and favourability
- Understanding
- Involvement
- Commitment

Targets, Timescales and Criteria for Success

	Target Group(s)	Target	Timescale	Reasons	Criteria for success
Awareness					
Understanding					
ona on otalina in ig					
Support and Favourability					
Involvement					
Commitment					

# 9. INCA dissemination methods

INCA Website (<u>www.in3c.eu</u>) is already available.

A separated deliverable documenting **INCA** website (D2.1) has been produced and submitted. The content of the website will be managed, supported and updated by partners QUART de Poblet and IDI EIKON.

Website statistics will be updated with the updating of the Dissemination Plan, foreseen to take place officially when presenting the Progress Reports (and/or at reviews). However dissemination activities as well as their monitoring will be in INCA a continuum.

# **Timing**

As previously mentioned, in **INCA** dissemination is a continuous and partners will carry out different dissemination activities along the project life. The two project workshops will be scheduled at the most convenient time trying to match the calendar of the DoW. Messages will vary during the timeframe of the project. At the start we will focus on project awareness, and at the end on 'selling' achievements.

#### Methods

There are a wide variety of dissemination methods to get our message to the target audience and achieve our purpose, and **INCA** will make use a combination of them:

Method	Purpose	Hints and tips
Newsletter	Awareness Inform	INCA will use Newsletters to announce the project, give regular updates,
	111101111	develop a profile, and get buy-in.
Website	Awareness	INCA website is one of our most
	Inform	versatile dissemination tools. We have
	Engage	placed plenty of information in it for
	Promote	different audiences and will update
		continuously the most interactive
		sections as News, Events, Newsletters
Dunca Dalanca	A	to retain people coming back.
Press Releases	Awareness	INCA Consortium will propitiate these formal announcements to the national
		press, to announce the project existence
		and funding and any important
		achievement. Impacting and brief as
		they should be, Press Releases will be
		agreed and reviewed by the marketing
		team at each of the Consortium partners
Flyers/brochures	Awareness	Though much communication is
		electronic, it is still often useful to create
		an A4 flyer that we can circulate in
		printed form (e.g. to hand out at
		conferences or to colleagues at our
		institution or another ones). The

		electronic version (e.g. PDF file) will be also posted and circulated electronically.
		Some Brochures and posters will be translated into other languages than English by the Partners located in the local pilot sites, based on a master template which will be provided to all partners.
Cluster meetings	Engage	Cluster meetings are good opportunities for projects to learn from each other, discuss common issues, and get feedback on their work. There are quite possibilities to be asked to give a presentation, participate in a workshop, give a demo, etc. and/or at least to be mentioned and published by the other projects.
Conference presentations	Engage Promote	National and international conferences are an important opportunity to share our achievements with experts in the field (e.g. politicians, decision makers, sponsorships, potential allies)
		We will try to select those Conferences where <b>INCA</b> may have an impact, and ones that will attract the experts we want to take us into account.
Conference posters	Engage Promote	Making a poster session at a conference once we have work in progress. This is a way to present our work to delegates who attend the session. It can be a practical way to engage people, gauge their reactions, and get one-to-one feedback
Workshops	Engage	There are two mandatory during INCA duration, and their main objective is to get feedback from stakeholders (experts, users,). In the first workshop an introductory presentation to set the scene is unavoidable, even if the emphasis will focus on discussion to inform future development
Demonstrations	Engage	Demonstrations allow us to show what we have and are doing and get feedback.  Demos show useful to get feedback from stakeholders on functionality, usability, and look-and-feel. This is one of the best ways to keep stakeholders (demos are usually done either face-to-face and/or "virtually") informed about what we are doing and to help with buy-in.

Online discussion lists	Awareness Inform Engage	As the name suggests, email lists are useful for discussing new developments, problems, and issues. They are an opportunity to be proactive and reactive, share our knowledge with the community, and develop a profile for our project.  Email lists are also useful for making announcements (e.g. an achievement, something new on your website, or an event you're holding).
Online communities	Awareness Inform Engage	INCA has joined the most popular communities online to be close to the general feeling: Facebook, Twitter, LinkedIn and YouTube.  These communities are also useful for making announcements (e.g. an achievement, something new or an event.
Journal articles	Inform	We will take any and every opportunity to get articles published about the project, especially once we have data and results to report (towards the end of the project).
Case studies	Inform	Case studies explain what we did and what we learned so others can benefit from our experience. They can be valuable to others building something similar.
Reports and other documents	Inform	Public deliverables will be available from INCA website. People willing to download them will need to register so that INCA Consortium can keep track of the interest arisen.

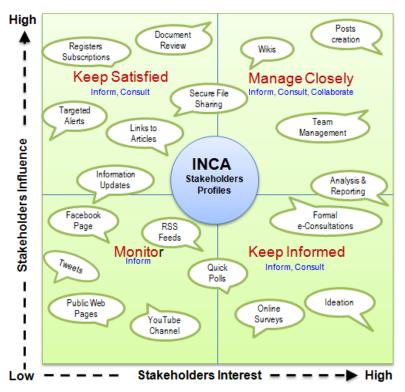
In INCA we will use a combination of the above mentioned methods, although of all of them, for INCA Consortium, the main ones will be personal interactions between the Consortium and the different potential stakeholders, as the most important mean for ensuring effective subsequent dissemination, together with the World Wide Web as a major avenue for dissemination. In what refers to communication in networking the main four ways we will use are:

- Finding: getting information in
- Exchanging: two-way communication
- Collaborating: creating something together
- Publishing: giving information out.

Despite that in **INCA** the main means to use will be digital, we will use also print publications, selectively, since still they are a popular dissemination tool, mainly due to their versatility and potential reach. Consortium will decide on the length, quality and number of copies and distribution of a print product with relative ease.

# 9.1 Deciding on the Most Appropriate Level of Engagement

Today's, against the traditional forms of stakeholder engagement, switching to inexpensive digital channels, help to improve engagement at all stages of the process. Most of these digital channels offer mass media opportunities for minimal cost and maximum exposure.



Source: adapted from kahootz: A public sector Guide

Notice how previous diagram is charted in a similar way to the stakeholder map on page 12. However, above figure shows different ways to use technology to inform, consult, collaborate and engage stakeholders, determined by their level of interest and influence.

# 9.2 INCA DIGITAL CHANNELS AS THE MAIN DISSEMINATION TOOL

(INCA website is included inside the digital channels).

In INCA we are able to use digital channels either through the website or either by using SEED as an ally tool.

Digital channels bring major benefits to stakeholder engagement, allowing to inform, consult, collaborate and engage in a wide range of ways. **SEED** bundles all this functionality together. Stakeholders can access **SEED** directly from a web browser on any Internet connected device. **SEED** ensures, through access privileges that different users only see and contribute to documents or data you want them to. It is easy to set up and simple to use and especially flexible to adapt to different needs.

In INCA, SEED allows us to develop closer and more effective working relationships with key stakeholder groups, because we can use a variety of online tools to actively engage and assist project users and key partners responsible for shaping the final pilots policy and for implementing the educative plans.

However not everything is positive, as a con there is the fact that users need to be also trained in its use (even if its learning curve is not demanding).

As for the website, the Internet has become the dissemination tool of choice for millions of organisations and individuals. **Websites** are powerful tools for reaching our target audience and promoting our project. **INCA** web site is primarily use to provide **information** about the project and **news** of its activities and results.

The project website - http://www.inc3a.eu - will be one of the main dissemination channels. It will be a key source of information available to different categories of stakeholders, the first point of contact, and a mechanism for ongoing communication with external audiences. It will also enable effective consultation with motivated and proactive stakeholders. The website will be publicized by the consortium partners at project events and at other related events. The individual partners will also publicize the website within their own networks of contacts. The INCA website is designed to be informative yet uncomplicated for use, with concise content that would ensure smooth communication with diverse categories of stakeholders and external audiences.

**INCA** is linking with the most popular Social Networks as a way to adapt to users habits and getting noticed in very popular sites attracting millions of users. We will try also to make **INCA** site visible to search engines.

- https://www.facebook.com/in3ca
- www.twitter.com/in3ca
- www.youtube.com/

**INCA** dissemination responsible will regularly need to reach target audiences to inform them about the project status and **website updates**. For doing it we will produce an electronic **mailing list** containing a list of recipients who are interested in the project, such as policy-makers, civil society organisations, sectoral bodies, academics and students and general public.

**INCA** Consortium is conscious that despite any efforts we can do, in the age of information overload and spam, mailing lists may not perform efficiently if are not carefully targeted and offer recipients **the option to subscribe and unsubscribe** whenever they wish. We will take into account any existing legal requirements associated with the possibility to subscribe/unsubscribe and the storing and access of personal data.

Once the project website launched and its running assured, the first step to ensure the success of the proposed work will be the creation of a **network of contacts** for the dissemination of the results and the offered services. By using the contacts capacity of the Consortium members, an initial Network of Interest for the project will be created. The obtained list of contacts will be used as the basis for mailing actions (using the email) including project information, related events and services offered. In the INCA web site, NoI is a transversal issue crossing different areas. The website contains a REGISTER where all those interested in getting the public documents of the project and/or those willing to receive the Newsletters, will have to subscribe.

The Network of Interest (NoI) is expected to become an important Dissemination

Tool, as the number of Members increases and the usability of the pilots help to make them more widespread.

# 10. Dissemination Plan Foreseen Activities

Since "chronic diseases" have become the trend to counteract across, not only in Europe, but worldwide, initiatives are arising everywhere to address the problem. It is easy to understand why, consuming (currently) around 80% of the sanitary costs - and figures projected to increase- and with governments reduced budgets everywhere, fighting/controlling chronicity has become a goal in itself.

Already in the mid-1990s, the MacColl Institute (USA) developed the CCM (chronic care model) to cope with it. This model is used as a universal reference and also **INCA** does it.

Almost half of all people with chronic illness have multiple conditions. As a result, many managed care and integrated delivery systems have taken a great interest in correcting the many deficiencies in current management of diseases such as diabetes, heart disease, depression, asthma and others.

In Spain where the Health system is decentralised throughout the country (1 Health System per Autonomous Community = 17 Health systems or Administrations), there are several ongoing initiatives, being the most representatives: Euskadi, Catalonia, Andalucia, Galicia, Castilla La Mancha. Also the Valencian Community is active in health initiatives, leaded by some centres/professionals that would the other centres to adopt what they have.

# Summarising:

**INCA** main interest in what relates to dissemination actions revolve around **Healthcare and Social Services** (mainly in the area of chronic diseases) **and their integration possibilities**, thus key events, especially those addressed at integration in chronic diseases, are those of bigger interest to us, without disregarding other sides of the healthcare problematic. Some events are announced, yet others remain to be published and/or are under preparation. **INCA** Consortium will keep an eye on them to adapt its actions, as far as possible, to be present on them.

Also INCA Consortium will be watching closely the movements of the most important bodies in the eHealth Informatics sector at European level and worldwide as may be CEN (European Committee for Standardization), CENELEC (European Committee for Electrotechnical Standardization) and ETSI (European Telecommunications Standards Institute), the three officially responsible European standardization bodies that help shape the European Internal Market.

They collaborate with international standards organisations, (notably International Organization for Standardization (ISO), International Electrotechnical Commission (IEC) and International Telecommunication Union (ITU)) as well as with European and international Standards Development Organisations and their liaisons including

relevant standards consortia and organisations (such as IEEE, DICOM, HL7, OASIS, W3C, GSI and WHO).

Also EHTEL (European Health Telematics Association) and other major initiatives across Europe and/or International, around eHealth, will be watch closely.

Of course, **INCA** Consortium will try to keep updated and, when possible, participate, on the events organized and/or promoted by the own European Commission (in what relates to eHealth - Active Ageing).

We believe that for keeping updated on how/what Europe is doing, "eHealth European Interoperability Framework" in the context of the generic European Interoperability Framework (EIF), maintained under the Interoperability Solutions for European Public Administrations (ISA) programme, in close cooperation with the Member States and the European Commission, to be a good point of reference.

The list of **INCA** events will include:

- two International Conferences
- quarterly Newsletters
- at least one event at each Pilot site of the Project
- presentations and demos in Conferences, exhibitions and Project Reviews

The organisation of these events will be coordinated by QUART and the related activities are part of the WP2.

**INCA** events will be generally organised in conjunction with other events in order to maximise the visibility and attendance for the **INCA** events. For this reason, QUART may establish a specific task force among the partners for the organisation of joint activities.

These events will be announced on all major event websites specifically targeting the various stakeholders, while they will also be announced on the EC events pages (e.g. the European Commission Digital Agenda / eHealth / eHealth and Ageing) site and/or the epractice.eu portal or the weekly Information Society Newsroom). In addition, the entire Consortium will make also such announcements on their own websites, while ensuring local event websites cover the INCA events

# **INCA International Conferences**

Two International Conferences will be organised during the project. These events will have two days duration: the first day for partners holding a Working Meeting; second day for the conference itself. The Conference will include presentations and papers both from Consortium Members and external experts, all peer reviewed by a Professional Committee. Conference will be accompanied by exhibitions, if advisable and possible.

These workshops are a means of developing national and international contacts and partnerships with key stakeholders and opinion leaders. They allow for direct, faceto-face communication and discussion. Workshops aim at creating an exchange of knowledge and experience among actors involved in European Healthcare Sector and those who could potentially benefit and take up such results (the users/stakeholders) and are important for building synergies.

At least one of the two project conferences will be planned in Brussels.

The first Conference will be organised in Month 15 (March 2015), having as main theme "One unique way for Health: integration, an impossible dream?". The goal is to have at least 100 participants, 10 exhibitors and publication in at least 10 different media channels (newspapers, other websites than INCA, TV...).

The second International Conference will be organised in Month 28 (April 2016), mainly focusing on Pilot site results, developed services and products and acquired experiences). The goal is to have at least 150 participants, 15 exhibitors and publication in at least 20 different media channels (newspapers, other websites than INCA, TV...).

#### **INCA NEWSLETTERS**

Electronic Newsletters are a vital part of the project branding and marketing strategy. They are of value to enhance the project reputation and leveraging marketing efforts

Newsletters are a very cost-efficient communication channel with stakeholders, and they open the opportunity for people to contact us and for us to promote dialog with them. Because of the significant savings in time, printing and mailing costs, they are more cost efficient than printed Newsletters.



#### Local events

At least one local event is planned to take place at each Pilot site of the project, during the project duration (mainly after the first year). Whenever possible, national languages will be used in these dissemination events.

### Foreseen Activities:

Throughout the project lifetime, the Consortium will meet to exchange information and knowledge, both pedagogical and technical online seminars and workshops will be conducted. As was pointed out above, the Consortium will also take part in external workshops and conferences. Below follows an agenda for such activities. This agenda will be revised and expanded continuously.

#### **Current status**

The activities within the scope of this dissemination plan have already started and a web site has been already produced and the project has been presented at several conference presentations (e.g. InforSalud, March 2014). Contacts have started with partners in other projects (Projects Networking 29/04/2014) and in some cases, both formal and informal meetings have taken place.

What follows are some of the events we see as interesting in **INCA** case. However, dissemination activities here gathered will be later on periodically updated.

1110/111 02/1000

# Preliminary schedule of the INCA events

<b>Event / Process</b>	Location	Date	
Kick-Off Meeting	Valencia, Spain	February 2014	
Website	www.in3ca.eu	Online from February	
Newsletters	Digital from Website	Quarterly. First one ready to be published	
		(March 2014)	
InforSalud 2014	Madrid, Spain	March 2014	IDI
Stimulating Digital	Brussels, Belgium	29 April 2014	IDI
Entrepreneurship			
European Health Forum	Gastein, Austria	1-3 October 2014	Croatia
Open Days 2014	Brussels, Belgium	6-9 October 2014	Murcia
European MedTech Forum 2014 (7th edition)	Dolce La Hulpe, Belgium The European MedTech Forum is the largest health and medical technology industry conference in Europe. Organised by MedTech Europe's alliance members Eucomed and EDMA	15-17 October 2014	Quart
HIMSS Europe Amsterdam	Amsterdam, Holland	6-7 November 2014	IDI
Health 2.0 Europe	London, UK	10-12 November	Cyprus
Medica 2014	Düsseldorf, Germany	12-15 November	Kenus
European Public Health Conference	Glasgow, Scotland, UK	19-22 November	Quart
eHealth Week	Riga, Latvia	11-13 May 2015	Latvia
EHTEL (feasible events during 2014-2015)	Participation at EHTEL events is possible by "invitation" only		
Health First Europe	Health First Europe is a non-profit, non-commercial alliance of: Patients Healthcare workers Academic and Healthcare experts The Medical technology industry	Events pending publication	

Preliminary List of planned INCA events

These events are subject to modification depending on a closer schedule of events and partners priorities, agendas and budgets.

The Dissemination Plan will be regularly reviewed on the basis of the project's evolution and of the acquired new knowledge that will allow adding new dissemination opportunities.

# 11. Dissemination Indicators

Dissemination indicators are worth to measure if our dissemination activities have been successful.

The following list relates the indicators we have foreseen to take into account for monitoring the wealth of our dissemination activities. These indicators apply mainly to the website and the target groups.

- Average number of visits per month on the Project website
- Number of Newsletters and the copies disseminated
- Number of brochures and the copies disseminated
- Number of dissemination events organised
- Number of participation at other events
- Number of articles/appearances published in the press and in other media
- Estimated number of participants in events
- Number of Press releases disseminated
- Number of contacts of interest got
- Number of other centres/departments involvement got
- Number of potential customers/investors (any kind) brought to the project
- Number of agreements (any kind) reached
- ...

Also we have produced a "Dissemination Tracking Document" and a "Dissemination Template" describing all the important points to be gathered in a dissemination activity to be handed to all partners to easy this work. These documents are to be used periodically by all, on a quarterly basis. Keeping track and monitoring the quality of the dissemination will allow driving in the right direction and/or either to change the strategy if needed.

Purpose	Target Groups	Method	Vehicle	Timing	Responsibility of

CONSIDERATIONS

#### INCA EVENT DISSEMINATION

(describe the dissemination activities carried out during the reporting period: one form/table per activity)

PARTNER:	
EVENT TITLE	
DATE	
LOCATION	
ORGANISER	
WEB LINK	
BRIEF EVENT DESCRIPTION	
TYPE OF DISSEMINATION ACTION	
Nº PARTICIPANTS	
AUDIENCE TYPE	
INCA INVOLVEMENT	
INCA CONTACT AT EVENT	
MATERIAL DISPLAYED AND DISTRIBUTED	PPT presentation; flyer; brochure, visit cards, poster, dossier, newsletter, questionnaire,
CONTACTS MADE	
IMPACT OF PRESENCE	Making aware this community of INCA potentiality
FOLLOW-UP REQUIRED	Mail contact, website browsing

Do not forget to make/collect pictures, brochures, agendas, programmes, news, press releases, blogs, twits...... any graphic material related with the event **and send it to WP2 leader copying always Coordination.** 

A large number of participants stopped at our booth, looked at the posters, took dissemination material .......

# 12. Liaison with other initiatives

Contacting other projects in the same and/or related activities can be important to learn new information, keep up with competition, and why not, make friends.

For a project it is important to network with other projects because Consortium can gain industry-specific news and knowledge like new tools, technologies, products or even a lead to a better job. Projects networking not only allow Consortium to socialize with like-minded peers, they also benefit the full project and sometimes partners careers.

Networking activities with other projects can contribute to the development of the NoI, enhancing/incrementing the list of contacts of stakeholders and experts engaged.

WP2 leader will be responsible for organising at least two exchanges meetings during the project life. This should be done in a participative manner and taking the target needs of the other projects into account.

# 13. Partners Individual Plans

### Regional and local dissemination: the partners' task.

Apart from dissemination activities on the overall project level, all partners will take care of dissemination activities on regional and local level.

They will use their own communication channels (own website, newsletters, press releases, brochures) and will inform associations, media and organisations at national and regional level that could be interested in the project. Each partner has its own resources for these activities (7 P/M exception done of the WP2 leader and Coordination). The dissemination at National and Regional level seems logic to be done in the language of the audience addressed.

These actions aim at ensuring that non-specialist media will be kept informed of project activities, work in progress and results.

Each partner will activate a local strategy in order to inform at local-territorial ambit the local authorities, users, infrastructure manager, and all the population about the role and the mission of the **INCA** project.

Some of the tools that can be used for the local / regional /national dissemination are:

- Local press (daily and periodic)
- Regional workshops
- upgrade of the website of each partner with a link to the INCA website
- Newsletter

# Partners' responsibilities

Although QUART/Coordination are responsible for the dissemination and communication activities of the **INCA** project at European level, partners must be in contact to cooperate in communication activities at European level and specially at their own REGIONAL and LOCAL level.

All partners are TO CONTRIBUTE to the DISSEMINATION ACTIVITIES.

**INCA** is a solution for the planning, control and monitoring of chronic populations and the integration of different (existing) solutions and is tackling

- Social and Health integration
- Multidisciplinary team
- Patient empowerment
- Active Ageing
- Focus on prevention on risk factors
- ICT supported for sustainability

With INCA goal in mind, partners will participate by presenting the project at the events within their reach and/or creating new ones specifically devoted to it (INCA project day, INCA project press releases, INCA project show, INCA project presentation, INCA project advertising, INCA project display at local points (kiosks, totems, digital screens....), giving presentations at conferences, holding press conferences, delivering press releases, networking and similar activities. Since face to face information is highly effective it is important that everybody involved in the project has good general knowledge of all the aspects of INCA, in order to be a good "ambassador" for the project.

Each partner has the following communication related responsibilities:

- Cooperate with Coordination/QUART in communication activities.
- Keep regular contact with each other.
- Present INCA in relevant events.
- Manage Communications in their local language.
- Translate press releases into their local language and disseminate them.
- Newsletter: forward their contributions for each issue and review drafts for comments and improvements.
- Respond to requests made by the lead partner on communication issues and respect deadlines regarding to contributions, cooperation in communication actions... (website, newsletters, and other material).
- Send press releases about events where **INCA** is presented to be uploaded on the web, or news, or training, or ....any event **INCA** related.
- Keep archives on communication activities (seminars and conferences, issued press releases...) and media impact in their own local areas. These archives are essential for the evaluation of the project.
- Each time a dissemination action is done, send the fulfilled dissemination template to Coordination/QUART and/or at least send them when sending the quarterly reports. Although dissemination is a separate document, activities must be updated in the Progress Reports and travels must be also detail separately.

#### **Communication between Partners:**

#### Intranet:

The Intranet (or private area) of the **INCA** website is thought for the use of the partners in the project. It contains the necessary structure to support the work of the consortium and to ensure internal communication between partners of the project.

The Intranet simplifies documental management by providing the administration with a workflow for each document (proposal, review, publication, and archive), allows the creation of open or restricted forums; provides statistics; and helps organising internal meetings and conferences.

# Internet Telephony: Skype and/or similar

Is a good mean to keep in contact and communicate. Is easy and free, thus should be used as much as needed. Webinars are another alternative (especially for training) to be considered.

# Mailing lists:

A mailing list for the partners has been created and administrated by Coordination. All the people assigned to the project have been included in it, to make sure that nobody is excluded from valuable information. Even if not everybody is interested in all details of the project, general knowledge of **INCA** is important since every project member is an ambassador for the whole project. For individual issues use the individual emails.

What follows are the individual plans and/or dissemination strategies, initially foreseen for each INCA partner

#### 13.1 IDI EIKON

IDI EIKON, as coordinator of **INCA** project, will follow-up the work of QUART in the implementation of the project's internal and external dissemination activities, ensuring a strong, stable and interested reaction of European stakeholders to the implementation of **INCA**; and searching for an adequate, significant and extended cooperation from external consortia and other "sources" of relevant information and knowledge to be submitted to trial during the project.

#### **Target Groups**

IDI EIKON will create awareness among the different actors involved in the INCA process, being its main target groups: Health Areas (and its Departments - understanding that various departments can use/share the same application, sometimes even different Hospitals) in the Spanish territory.

<b>Autonomous Community</b>	(Healthcare) Organizative Level	N°
Andalucía	Distrito/Área de Gestión Sanitaria	33
Aragón	Área de Salud - Sector	8
Principado de Asturias	Área Sanitaria	8
Illes Balears	Área de Salud	3
Canarias	Área de Salud	7
Cantabria	Área de Salud	4
Castila y León	Área de Salud	11
Castilla - La Mancha	Área de Salud	8
Cataluña	Región Sanitaria	7
Comunidad Valenciana	Departamento de Salud	24
Extremadura	Área de Salud	8
Galicia	Gerencia de Atención Primaria	7
Comunidad de Madrid	Área de Salud / Dirección asistencial	7
Región de Murcia	Área de Salud	9
C. Foral de Navarra	Área de Salud	3
País Vasco	Comarca Sanitaria	7
La Rioja	Área de Salud	1
Ceuta y Melilla	Área de Salud	2
TOTAL	Área de Salud SIAP	157

- ICT associations at local, national and European level:
  - o European:
    - EHTEL (European Health Telematics Association)
    - ISfTeH (International Society for Telemedicine and eHealth)
    - EFN (European Federation of Nurses Association)
    - Himss Europe
    - eHealth 2.0 (US Europe)
    - EUPHA (European Public Health Association)
  - o National & Regional:
    - TICBiomed:
    - SEIS (Sociedad Española de Informática de la Salud)
    - CTIC: Is an interdisciplinary team that develops strategies to improve public sector transparency through the publication of data in standard formats, open and accessible
    - ESTIC: Valencian Association of ICT Industry

# Moreover IDI EIKON will

- Cooperate with QUART and all the other partners in the communication activities (presentations, reports, newsletters, articles, etc);
- Present INCA in relevant national and regional events;
- Send press releases where INCA is presented so that they are uploaded on the web-site;
- Keep archives on communication activities (seminars and conferences, issued press releases...) and media impact in Europe
- Participate in technological forums about eHealth Services integration
- Support and contribute to INCA submission proposal to national and European awards

#### **Dissemination Channels**

The dissemination channels will be:

- Through Press Releases and Newsletters as well as international press releases (if possible). IDI EIKON will involve its communication department on all the tasks related to INCA project
- Through bilateral meetings with:
  - Hospital
  - Municipalities
  - · Potential collaborators
  - Sponsors
  - Potential Investors
- IDI EIKON's website (http://www.idieikon.com) will also act as another dissemination reference with continuous updates about the project and interesting news updates;
- Through published articles (i.e. e-Practice)
- Through local TV & radio channels,
- Videos regarding the project will be uploaded on INCA's YouTube site: www.youtube.com/in3ca.eu
- Participation in exhibition and fair trades about eHealth and Chronics
- Through Social Networks IDI EIKON has its own page in Facebook, Twitter and YouTube, where main communications activities related to INCA will be published:
  - www.facebook.com/idieikon
  - www.twitter.com/idieikon
  - www.youtube.com/idieikon
- Searching for synergies with other European Projects:
  - Smartcare: http://lod2.eu
  - Epsos: www.diego-project.eu
  - ...

Event / Process	Location	Date	Purpose
Valencia Innovation Club www.clubinnovacioncv.es	Valencia, Spain	17/01/2014	Presentation of INCA project to La Ribera Salud
Infoday Regional H2020 ICT-LEIT http://www.dgti.gva.es/-/infoday- regional-h2020-ict-leit	Valencia, Spain	30/01/2014	Participation in the Infoday H2020
INCA: Kick-off meeting	Paterna - Valencia, Spain www.in3ca.eu	12, 13 February 2014	First Working meeting of the project team. Coordination presentation of INCA project
InforSalud	Madrid, Spain	March 2014	Taking the industry pulse (competitors)
II Jornadas Tecnologías al Servicio de la Salud	Valencia, Spain	2 April 2014	Presentation of INCA project in a roundtable

European Entrepreneurs (Concertation Meeting)	Brussels, Belgium	29/04/2014	
Ponencia "Tecnologías aplicadas al bienestar de las personas" (Rafael Abengoa) http://www.nochetelecovlc.org/2014/	Valencia, Spain	22/05/2014	Seek the views of experts in the field Looking for collaborations
Health2Market Project. Academy for New Venture Creation and Marketing in health/life sciences		19-23 May 2014	IDI Eikon participated in the sessions organized by IE University
Workshop, Horizon 2020 Financing Best Practice	Valencia, Spain	24/06/2014	Learning financial justification from the perspective of an Auditor
Meeting with the advisor of Centac organization, interested in the INCA solution	Madrid, Spain	25/06/2014	
Regional Workshop about the presentation of the INCA project	Murcia, Spain	October 2014?	
HIMSS Europe	Amsterdam, Holland	November 2014	

# At IDI EIKON website:

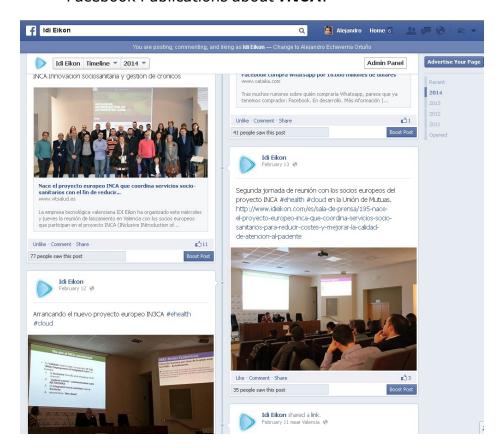


# YouTube Interview about INCA project:

http://www.youtube.com/watch?v=bVv5gNB1Jwc&feature=share&list=UUxShVFOywd9HluiwvbItYWA&index=1



Facebook Publications about INCA:



Twitter publications about INCA:



Press Release: VIT SALUD network
 http://www.vitsalud.es/?noticias=nace-el-proyecto-europeo-inca-que-coordina-servicios-socio-sanitarios-con-el-fin-de-reducir-costes-y-mejorar-la-calidad-de-atencion-al-paciente



European Regional Funds Magazine:



# Nace el proyecto europeo INCA cuyo fin es reducir costes sanitarios y mejorar la atención al paciente

Esta iniciativa está liderada y coordinada por la empresa tecnológica valenciana IDI Eikon, y en ella participan ciudades de Croacia, Chipre, Letonia y España

empresa tecnológica valenciana a empresa tecnologica variantemio IDI Eikon organizó a mediados de febrero en Valencia la reunión de lanamiento del proyecto INCA (INclusivataria) en INtegrated CAre), a la que asistieron todos los socios europeos. Esta iniciativa tiene como objetivo coordinar los servicios socio-

de Programas de Atención al Paciente Crónico, especialmente. La iniciativa, cofinanciada por la Comisión Europea con 2,5 millones de euros, pretende aportar soluciones innovadoras a la gestión de Programas de Crónicos de manera flexible y atendiendo a las prioridades de cada usuario.

también se encuentran la generación de sinergias con el profesional socio-sanitario para mejorar la adhesión del paciente y mejorar los niveles de calidad de los servicios prestados, y todo ello sin duplicar sistemas o platafor-mas pre-existentes (Historia Clínica, Portal del Paciente, etc.).

#### Entidades valencianas en el proyecto:

- Ayuntamiento de Quart de PobletHospital de Manises
- Hospital de Manises Empresa Informática KENUS
- ► Empresa Informática KENUS
   ► Empresa tecnológica IDI EIKON, coordinadora y proveedora tecnológica.

### Implantación de programas piloto

El proyecto tiene previsto llevar a cabo cinco programas piloto que se acabarán de implantar a finales de 2014. Después estos programas estarán funcionando durante un máximo de 16 meses, tras los que se hará una evaluación para validar la implanta

http://www.chap.gva.es/web/pdf/RevistaFondosEuropeos 12.pdf

INCA publications on TICBIOMED (TICBioMed is a cooperative cluster of companies, universities, Healthcare providers and public institutions that work together to foster innovation in healthcare (ehealth) and biology. http://www.ticbiomed.org/socios/nuestros-socios/idieikon/



ENIES

Proyectos Idieikon Tipo de socio: Empresa idieikon 📄 Descripción de actividades IDI FIKON es una empresa con más de 30 años de experiencia en el diseño desarrollo y mantenimiento de aplicaciones tecnológicas, construidas a partir de I+D propio Somos una empresa que apuesta por la innovación, como acredita el ser la 15ª Empresa de toda la Unión Europea por éxito en el Programa ICT-PSP, y la única PYME española en este ranking Las soluciones para el mercado socio-sanitario de IDI EIKON están presentes desde Nuestras propuestas para Organizaciones Socio-Sanitarias ayudan a Afrontar la problemática de la sostenibilidad a largo plazo de los sistemas sociosanitarios o Introduciendo modelos tecnológicos de Gestión Pro-Activa de pacientes Introduciendo modelos tecnologicos de Gestion Pro-Activa de pacientes
 Desarrollando el concepto de la Integración Socio-Sanitaria y las Vías
 Clínicas Personalizadas
 Recogiendo el know-how de la organización para diseñar planes de acción, evaluación y decisión en el proceso asistencial
 Homogenizando el trabajo de los profesionales para hacerlo fácil de medir v comparar y comparation of propio Paciente y a su entorno informal (cuidadores) como parte activa del proceso asistencial o Desarrollando la coste-efettividad (hacer más con los mismos recursos) y la coste-utilidad (atender mejor al paciente) y midiendo el ahorro generado Potenciar los proyectos e inversiones tecnológicas de la Organización

o Actuando como un complemento de las herramientas pre-existentes (historia clínica, GRD, información ambulatoria...) Evitando duplicidades en sistemas, herramientas, bases de datos o interfaces de usuario Aportando valor y métricas de gestión a la información sanitaria del paciente
 Planificando el proceso asistencial desde Primaria Midiendo el grado de cumplimiento de los planes y objetivos de una Organización  INCA published on European Innovation Partnership on Active and Healthy Ageing

https://webgate.ec.europa.eu/eipaha/news/index/show/id/546



**13.2 QUART** 

Communication and dissemination activities will focus on key target groups at different levels. For the dissemination activities we may concentrate on:

# National/Regional/Local Public Administrations:

- ADELYPSE, Association of Local Development Agents of the Valencian Region, <u>www.adlvpse.org</u>
- FVMP, Valencian Federation of Regions and Municipalities, www.fvmp.es
- FEMP, Spanish Federation of Regions and Municipalities, www.femp.es
- FEPRODEL, Federation of Local Development Professionals, www.feprodel.org
- NGOs.
- European, National and Regional Policy makers.

#### Citizens' associations:

- CAVE-COVA: Confederació d'Associacions de Veïns i Consumidors de la Comunitat Valenciana (Valencian neighbourhood association), www.cavecova.org
- AVACU, Asociación Valenciana de Consumidores y usuarios (Valencian consumer association), <u>www.avacu.es</u>
- TYRIUS, Asociación Provincial de Amas de Casa y Consumidores, (Valencian consumer association). www.tvrius.ora

#### Associations of people with disabilities

- IVADIS, Instituto Valenciano de Atención a los Discapacitados y Acción Social, (Valencian institute for Disabled people and social action) www.ivadis.com
- ASPANSOR, Asociación de Padres de Niños Sordos, (Association of Parents of Deaf Children) <a href="http://aspansor.salman.org/">http://aspansor.salman.org/</a>.
- FESORD, Federación de Personas Sordas de la Comunidad Valenciana,
   (Valencian Association of Deaf People) www.fesord.org
- European Association of Service Providers for Persons with Disabilities (EASPD), www.easpd.eu
- The Federal Association of Workshops for Adapted Work (BAG:WfbM), www.bagwfbm.eu
- The European Disability Forum (EDF): www.edf-feph.org
- It is characterised by an important network of contacts.

# **Private Inclusive e-Gov Services Providers**

Potential **Business Investors Associations** and other stakeholders able to influence the creation of a front end for improvement of Coordination between Medical and Social services.

### Internal target audiences: the Partners

The target audiences for internal communication are partners, executives and the members of the Consortium. The **INCA** Consortium involves 11 partners from 4 different countries of Europe, namely: Spain, Croatia, Cyprus and Latvia.

#### **QUART External Communication**

In addition to communication between partners, the **INCA** strategy supports communication with other actors and the broader public

Direct communication foresees permanent contact with a variety of stakeholders which implies presentations of the project as best practice in all relevant forums (seminars, info days, conferences or even face to face meetings).

Targeted dissemination activities will allow promoting and raising interest in the action among the European audience and through its contacts with EU networks.

#### **Communication Activities towards European Institutions:**

Target audiences of the communication activities include European Institutions and consultation bodies. QUART will provide with the communication channels to inform European representatives, bodies and networks about the progress of INCA. Representatives of the European Institutions will be invited to participate in project presentations. These European Institutions include:

# **European Commission**

QUART will contribute to the dissemination of **INCA** among the European Commission's DGs and representatives.

# **Committee of the Regions**

Open Days - European Week of the Regions in Brussels organised by the European Commission and the Committee of the Regions: are an annual week-long event with around 100 seminars, workshops, debates, exhibitions and networking opportunities for around 6,000 participants in partnership with regions and cities from all over Europe, companies, banks, international associations and academic organisations.

Periodical dissemination to relevant organisations, associations and networks:

QUART will keep permanent contact with any entity that might be interested in the **INCA** project, so that they are informed on a regular basis on the activities, progress and results of the project.

European Associations dealing with Health and eHealth, Socio-Sanitary care... and with an impact on European citizens, will be approached and informed about **INCA** and its benefits. QUART as leader of the dissemination package will try to join synergies with them.

- EPHA (European Public Health Alliance)
- **EHMA** (European Health Management Association)
- EPFIA (European Federation of Pharmaceutical Industries and Associations)
- WHO Europe (World Health Organization)
- EHFA (European Health & Fitness Association)
- **EFN** (European Federation of Nurses Associations)
- ▶ MEDTECH EUROPE (Alliance of European medical technology industry associations 2 members EDMA --> in vitro diagnostic industry and EUCOMED --> representing the European medical devices industry)
- HOSPEEM (the European hospital and healthcare employers' association)
- **EGA** (European Generic Medicines Association)
- EHTEL (European Health Telematics Association)
- European Association of Healthcare IT Managers
- EUREGHA, European Regional Local Health Authorities network www.euregha.net

EUREGHA is a network of 13 European Regional and Local Health Authorities focused on **public health**, which was created on **January 30th 2006** according to an opinion of the Committee of regarding patient mobility and open coordination on health quality care.

From 2006 till 2010, EUREGHA was a free and informal network and had promoted a series of activities in collaboration with pan-European organisations and other networks by adopting an "open-minded approach". In January 2012, the **EUREGHA ASBL** (non-profit association according to the Belgian Law) was created by the following founding member regions: Lower Austria (AT), Catalunya (ES), East of England (UK), Flanders (BE), Skåne (SE), Västra Gotäland (SE), Veneto (IT), North West of England (UK) and Podlaskie (PL).

Today, EUREGHA is a legally established organization with a permanent Secretariat in Brussels and has became a privileged interlocutor for the EU institutions and other stakeholders. EUREGHA is the network of reference for regional and local authorities in health related issues and offers a wide range of services and opportunities of cooperation.

EUREGHA aims to create synergies between regional and local authorities and EU stakeholders in the field of health issues with a very simple but important focus: working together for more sustainable and efficient health care systems

...

#### **Others**

Through a variety of events the partners are able to provide information rapidly to those who should eventually exploit the project results and enable them to discuss specific issues with the partners.

In line with the direct communication level, the **INCA** Communication Plan sets a list of different events taking place in each region, representing a good opportunity to show the efforts and results of the project.

Among them, some major events can be highlighted:

### Workshops activities:

Among the dissemination activities to be carried out, two main Workshops are foreseen to be held around month 15 and 28. These workshops will be especially

addressed to Health and Social Care professionals and any kind of Investors, but will bring in also all the stakeholders acting generally as mediators between the patients/carers and the sector, as Associations and NGOs and service providers. Usually patients (at certain stage of the disease patients do not travel and for their carers, travelling it is not easy neither).

Relevant players in the sector from different countries, especially new Member States, will be invited.

The goal of these events is to create awareness among potential users of the solution and investors, in order to foster the final deployment of the service.

Location of the workshops remains to be decided, although Brussels and/or locations where big events (especially if prepared by Commission) do take place, seem, a priori, a good choice, to make it coincide with the displacement of people involved in these events.

### Ad hoc Meetings:

Besides face to face meetings with key actors, ad hoc meetings will also be held on request of stakeholders and/or target groups. These meetings will be organised to inform public about the project and eventually to involve other actors in its implementation. Meetings will be stimulated through the communication and dissemination campaign.

# Participation in related events, conferences, fairs:

Participating in conferences, seminars, fairs or forums, aims at building awareness of the service among decision makers and at promoting the project results.

The project will be deeply involved in the roadmap of events related to the improvement of Coordination and Integration of Social and Healthcare processes, so much from a Consortium active participation (intervening, exhibiting, presenting, publishing...) as a passive one (passive learning: attending, receiving, studying...

Event / Process	Location	Date
INCA Kick-Off	Paterna, Spain	12-13/02/2014
Any local/regional event related with INCA topic		2014-2016
Bilateral meetings with Manises Hospital		2014-2016
Consortium meetings		2014-2016
Big Data and smart analytics	Rüschlikon, Switzerland	March 2014
InMed 2014	San Sebastián, Spain	July 2014
European Public Health Conference	Glasgow, Scotland, UK	November 2014
Organisation of INCA Workshops		2015-2016

#### 13.3 INTERFUSION SERVICES

In the INCA project, Interfusion acts as the Coordinator and manager of the Cypriot pilot. Its role is essential for the provision of guidance and support to the Municipality of Geroskipou in terms of Integration and interchange of information between the Municipality Department of Social Care and the primary and secondary healthcare services of the Pafos district. Interfusion will therefore operate on a dual level within the project:

- a) will maintain a guidance role to Municipality, providing assistance in the decision making process to the high level decision makers at municipal level, and providing the training to the staff on the operation and provision of the services to be implemented,
- b) will maintain a technology advisory role in the project, as the Municipality will require a closely related partner throughout the project for the implementation of the eservices.

Interfusion will not only support the Municipality in the progress and management of the pilot but will also be responsible for all the dissemination activities in order to promote the project results in Cyprus. The aim of these activities will be to create awareness and interest among the government organizations, health bodies and societies, hospitals as well as academic and professional community

More analytically Interfusion will:

- Create in collaboration with Geroskipou the INCA Network of Interest in Cyprus in order to reach new bodies interested in INCA
- Use this INCA Network of Interest to move from Dissemination to Business
  Disseminating results and impacts using permanent real cases of use,
  press materials, conferences, and workshops with users direct
  participation
- Organize targeted informational campaigns over local media and institutions. -These informational campaigns will be contacted along Geroskipou and the wider region of Paphos
- Cooperate with the rest partners in communication activities. Keep regular contact with the rest partners and collaborate with them to produce publications (presentations, reports, newsletters, articles, etc).
- Present INCA in relevant national events when possible.
- Translate press releases into Greek and disseminate them in Cyprus.
- Respond swiftly to requests made by the dissemination lead partner on communication issues and respect deadlines regarding to contributions, cooperation in communication actions... (Updates and translations of the Project Website, newsletters, and other material)
- Keep archives on communication activities (seminars and conferences, issued press releases...) and media impact in our own local areas.
- Design special leaflets and brochures dedicated to the service and distribute them through the informational campaigns
- Engage through bilateral meetings other public administrations and potential collaborators, sponsors, customers in order to explore the possibility of cooperation

#### Target audience:

INTERFUSION will use its extensive network in order to identify and collect contact details of key stakeholders in order to inform them on a regular and individual basis about the achievements and the progress of the project by using press releases and news content. The logo, brochures and the website of INCA will be communicated.

The target audience will be:

- Central government and especially the Ministry of Health
- Policy makers: e.g. Cyprus association of commerce and industry and National Fund Administrations
- Health associations and communities
- Hospitals and other possible interested health institutions
- National/Regional/Local Public Administrations
- ICT/ R&D companies and other related organizations in Cyprus
- Individuals like academia and industry personalities, researchers and other possible stakeholders
- Universities like University of Cyprus, University of Nicosia, European University, Technology University of Cyprus and Institutions like Cyprus International Institution of Management, Frederick University etc
- NGOs

#### **Dissemination channels:**

The dissemination channels will be:

- Through Press Releases and Newsletters as well as International Press Releases (if possible). INTERFUSION aims to issue press releases at key time events i.e. start of the project, start of the pilot, end of the pilot, end of the project with an aim reaching individually numerous stakeholders. Press Releases will be delivered to local national and international media such as newspapers e.g Politis, Phileleftheros, "Foni tis Pafou" online sites such as Pafos NET, PafosPress, etc.
- A distribution List of Contacts will be created to whom we will constantly send emails and updates e.g newsletters regarding the project
- Through the INCA Website itself. Interfusion will provide contribution for each issue e.g. regarding INCA newsletters and review drafts for comments and improvements, translations etc
- Through Local TV broadcasters, national and local newspapers, blogs and websites, press and media in general
- We will also facilitate all the related information (photographs, brochures, announcements, news, press releases), to Dissemination Leader and Coordination, from every organized event to be uploaded to INCA website.
- Through one-to-one meetings with other municipalities and potential collaborators like health institutions and organizations, sponsors, customers in an aim to create strategic alliances with key stakeholders and build awareness of the INCA services
- Interfusion's own website (http://www.interfusionservices.com/) will be also another dissemination reference with continuous updates about the project and interesting news updates.
- Through published articles. Articles and press releases will be issued to inform about the project activities and its main goals in order to let the general public know about the project developments and achievements.
- Through production of short recorded clips regarding the project that can be uploaded in YouTube and the company's website, and posted social networks such Facebook and twitter and in other popular websites
- Preparation of Leaflets and Brochures. This dissemination material will be used by the partners during their meetings, conferences and workshops they want to attend and where they will talk about the project. Also a brief project presentation will be published encompassing key technical and strategic aspects of the project. These brochure series will be distributed by Interfusion and Geroskipou in order to provide a common view of the project

- at any workshop, conference or meeting where they can present the **INCA** project
- Informational campaigns. Interfusion along with Geroskipou will use this
  material in INCA informational campaigns in several spots of Geroskipou
  and other cities like Pafos and Limassol. Informational Campaigns are very
  important because we will have the chance to speak and inform directly
  several people –foreigners and locals.
- Attending & presenting in related conferences if possible
- Through workshops and infodays. Workshops and conferences can be organized mainly in Geroskipou but also in the rest Cyprus.
- Preparation of a small demo video along Geroskipou showing the major outcomes of INCA (audience: public organizations/companies, health associations, hospitals)
- Through submission of articles in scientific conferences
- Pursue any events related to inclusive eHealthcare and Telemedicine, Social Care, Long-Term care, as well as EHTEL Symposiums, Open Days, European eHealth Forums, eHealth Management etc

#### Foreseen events:

Furthermore, key-events have been identified to present the project and if possible achieve to establish synergies with the event organizers in order to achieve a joint activity of the project and the event, e.g. presentations, demonstrations, or a stand for promoting information material about the project

Organization of at least one workshop:

### Focused workshop presentation of INCA (month 16 of the project)

In this event we are going to present (in cooperation with Geroskipou Municipality) the project's main improvements and targets. Special Guests in this event will be other municipalities as well as ICT

companies, policy makers and national organizations as well. Moreover we will have as a target to attract academia and industry personalities as well. Target is to have about 50 attendees from all the possible range of stakeholders. The main goals of this workshop will be:

- To inform all our contacts and other possible vendors and stakeholders regarding the goals of INCA as well as the activities and services that the project offers
- To promote the activities of the project to the mass media (TV, radio, newspapers & magazines)
- To communicate and update with the already created network of Interest and collect ideas and services that could be taken to the practice
- To transfer ideas and good practices previously performed by other partners in the network
- To inform or contact a few well known and high-placed specialists and key persons, in order to get support from them, and get them to know about the existence of the project
- Presentation at Conferences / Seminars

Target is to attend and if able present INCA at significant events in Cyprus like

- The 5th International Conference RAHMS: Recent Advances in Health and Medical Sciences that will take place in Pafos, Cyprus on 6-12 July, 2014 (Call for Papers)
- Researcher's Night organized by The Research Promotion Foundation (RPF) in collaboration with the Municipality of Limassol and the Academic and Research Institutions of Cyprus
- The international IEEE workshop on e-Health Pervasive Wireless Applications and Services (e-HPWAS'14). The considered issues of e-HPWAS are related to e-Health care and safety services provided for patients, elderly and dependent persons

Event / Process	Location	Date
INCA Kick-Off	Paterna, Spain	12-13/02/2014
5th International Conference RAHMS: Recent Advances in Health and Medical Sciences	Paphos	July 2014
e-HPWAS'14	Larnaca	July/August/October 2014
Researcher's Night	Limassol	September 2014
Focused workshop presentation of INCA (month 16 of the project)	Geroskipou	M16 (April 2015)

# 13.4 KENUS INFORMÁTICA

Visibility and promotion are tightly linked with WP5 (Planning for Sustainability) which Kenus is leading. Thus, KENUS aim in dissemination activities is to ensure the widest possible visibility and promotion of **INCA**.

Main dissemination tasks of Kenus, besides conducting, whenever possible its own actions, is to reinforce the work of partners IDI EIKON (Coordination) and QUART (WP2 leader), what means that will support or participated in common activities with them.

On July 2014 Kenus will participate at CEMOS ETR 2014 Symposium, in Grenoble, France, giving a talk on the technical aspects of **INCA**. The dissemination activities cover, equally the preparation work of any presentation paper required by the event organizers.

At KENUS we have been also reviewing the new website and giving feedback. We have also cross-link Kenus web site and Kenus News with INCA website (http://www.kenus.es/i-d-i/; http://www.kenus.eu

We will collaborate in the monitoring and tracking of the INCA website followers

In terms of alliances, KENUS will contact other projects (specifically, united4health, which we can trigger at some point, once strategy about alliances is fully focused.

#### Events for first half of the 2014

Event Name	Location	Date	Web link	Status
Madrid City Council, mailing, Carlos Blanco, Director General of Elderly and Social Services (Director General de Mayores y Atención Social del Ayuntamiento de Madrid)	Madrid, Spain	17/01/2014	dqmayores@madrid.es	mail conversation
Info Day H2020 Health and Wellbeing (Spanish Title: Salud, Cambio Demográfico y Bienestar)	Valencia, Spain	21/01/2014	http://www.ivace.es/image s/noticias/eventos/2013/h2 020-salud.pdf	attended
Paterna City Council, work meeting with Elena Martinez, Deputy Mayor	Paterna, Spain	23/01/2014	www.paterna.es	attended
Info Day H2020 ICT (Spanish Title: Tecnologías de la Información y la Comunicación)	Valencia, Spain	30/01/2014	http://innovacion.ivace.es/i mages/noticias/eventos/20 13/h2020-tic.pdf	attended
Conference: INCA-Kick-off	Paterna, Spain	12-13/02/2014	http://www.in3ca.eu/?tribe _events=kick-off-meeting	participation
Workshop on "Lean Startup Principles" (Spanish Title: Fundamentos de Lean Startup)	Paterna, Spain	13/02/2014	http://ceeivalencia.empren emjunts.es/index.php?op= 14&n=6596	attended
Inforlingua   Servicios Informaticos, work meeting, Primitivo Alegre, Director General	Picassent, Spain	20/02/2014	http://www.inforlingua.net/ index.php/empresa/descrip cion	attended
Survey - Project impact analysis of H2 unit, European Commission Directorate General for Communications Networks, Content and Technology Digital Social Platform	Online submission	03/03/2014	http://ec.europa.eu/eusurv ey/runner/Imapct analysis ICT aging-well	submitted
Lliria City Council, work meeting, Javier Alama, Director IT	Lliria, Spain	06/03/2014	http://www.lliria.es/	attended
Hospital Arnau de Vilanova, work meeting with David Rosello, Director IT	Valencia, Spain	08/04/2014	http://www.san.gva.es/web /dgfps/ceic-del-hospital- arnau-de-vilanova	attended

Conference on "Financing the Market Launch of Highly Innovative Products" (Spanish Title: Cómo atraer inversión para la puesta en el mercado de productos altamente innovadores), Technology Institute of Optics, Colour and Image Processing (AIDO)	Paterna, Spain	30/04/2014	http://www.aido.es/archivo s/2014/neo/inversores/3ne o.html	attended
Puebla de Vallbona City Council, work meeting, Francisco Mantes, Director IT	Pobla de Vallbona, Spain	13/05/2014	http://www.lapobladevallbo na.es/vallbonaPublic/portad a.html	attended
Workshop, Horizon 2020 Financing Best Practice (Spanish Title: Buenas Prácticas Financieras en el Programa Marco HORIZON 2020)	Valencia, Spain	24/06/2014	http://www.tsb.upv.es/eve ntos/horizonte2020/	attended
DG Connect Webinar on mHealth	Online webinar	24/06/2014	https://ec.europa.eu/digital -agenda/en/news/dg- connect-webinar-mhealth	joined
Self-care in the digital age	Online event	24/06/2014	https://www.innovateuk.or g/self-care-in-the-digital- age	attended
EU consultation on mHealth joint contribution	Online submission	10/04/2014 to July 2014	https://ec.europa.eu/digital -agenda/en/public- consultation-green-paper- mobile-health	still open
Networking session APYMEP (Associacion de pequenas y medianas empresas de Paterna), within the framework of Paterna City of Business	Paterna, Spain	17/06/2014	http://www.edapaterna.co m/en/economic- profile/sectors/economic- activities/industrial.html	attended

# Events for second half of the 2014 (and beyond)

Event Name	Location	Date	Web link	Status
Conference INCA Conference talk: IN3CA - Coordinated Socio-sanitary Services	Grenoble, France	06-08/07/2014	http://www.cmosetr.com/2 014/program.html	booked
Networking session APYMEP (Asociación de Pequenas y Medianas Empresas de Paterna), within the framework of Paterna City of Business	Paterna, Spain	15/07/2014	http://www.edapaterna.co m/en/economic- profile/sectors/economic- activities/industrial.html	scheduled
Annual meeting of software distributors	Seville, Spain	01-03/10/2014	http://www.wolterskluwer.e s/SalaPrensa/Notas de Pre nsa.htm	Booked
ICT Proposers' Day	Florence, Italy	09-10/10/2014	http://ec.europa.eu/inform ation society/newsroom/cf/ dae/redirection.cfm?item id =16264&newsletter=1	Under consideration
Medica 2014	Düsseldorf, Germany	12- 15/11/2014		Foreseen
15th International Conference for Integrated Care	Edinburgh, Scotland, UK	25- 27/03/2015	http://www.integratedcaref oundation.org/conference/1 454	

# 13.5 HOSPITAL DE MANISES

Event (Title and short description)	Location (City, Country)	Date(s)	Purpose(s)	Target Group(s)	Number (estimated)
INCA Kick-Off	Paterna, Spain	12- 13/02/2014	1st official meeting of the INCA consortium	INCA Consortium	~ 30
Internal Meeting	Manises, Spain	March 2014	Raise awareness of the work of the project	Institutional Senior Management	12
Symposium International on eHealth	Valencia, Spain	April 2014	Promote the project through events		150
III Jornada de la Sociedad Valenciana de Calidad Asistencial (SOVCA. Title: Socio Sanitary Integration Quality: A reality?  Roundtable: Socio- Sanitary Care of the	Xátiva, Spain	13/06/2014	Presentation of the solution to other hospitals	Association Members Healthcare Professionals Politicians	> 50
chronic patient Coordination meeting: Hospital Manises Chronics Area and Social Care Department of Quart de Poblet	Quart, Spain	July 2014	Revise Coordination work between teams of both organization s working in the project	Health Professionals Municipality Services	10
Press Releases (or Articles; Stories; Personal contact with journalists, internal NewLetters)		September 2014	Promote the project through the press	Decision Makers Policy Makers General Public	5000

# ICT PSP INCA Nº 621006

eHealth Week (HIMSS	Riga, Latvia	May 2015	Regional and	2500
Europe)			National	100
Taking place during the			health	exhibitors
Latvian Presidency of the			authorities,	
Council of the European			integrated	
Union, eHealth Week 2015			delivery	
comprises of two main			networks,	
events: the High level			health	
eHealth conference organised			management	
by the Latvian Ministry of			organization	
Health and the Latvian			s, private	
Presidency of the Council of			care chains	
the European Union and			and large	
WoHIT (World of Health IT			hospitals	
Conference & Exhibition)			with	
organised by HIMSS.			tethered	
,			care	
			providers.	
Health First Europe				

#### 13.6 MUNICIPALITY OF GEROSKIPOU

Towards the municipality's participation in the INCA Project, Geroskipou is going to promote the project through several organized events and special actions. The main aim is to create awareness among its citizens and area stakeholders like hospitals, health institutions, public bodies and unions ,NGOs and other related associations /organizations.

Geroskipou will use all its available infrastructure including the Town Hall building, and the Community Centre, in order to raise awareness among its population of the available services on offer, and the advantages of using them. Several informational campaigns to various spots of the town are also being scheduled. Moreover Geroskipou will create in collaboration with Interfusion the INCA Network of Interest in order to reach new bodies interested in INCA

#### Geroskipou will also:

- Disseminate INCA within events organized under the umbrella of "Pafos 2017" in Geroskipou or elsewhere in the Paphos Region
- Cooperate with the rest partners in communication activities. We will keep regular contact with the rest partners and collaborate with them to produce publications (presentations, reports, newsletters, articles, etc).
- Publicize press releases into Greek and disseminate them through local and national newspapers and local radio stations
- Involve public and private stakeholders towards the duration of the project and after its completion
- Disseminate project results with various ways (informational campaigns, videos, leaflets etc)
- Present the project and the pilot along Interfusion in events and conferences happening in Cyprus
- Organize, together with Interfusion a dedicated INCA workshop.

# Target audience:

- National/Regional/Local Public Administrations (Municipalities, Communities). These administrations will be informed periodically about our activities and demonstrations of our pilot are already delivered to them.
- Twinned Cities International Networks. Municipality of Geroskipou considers INCA as good chance for strengthening their relations with twinned cities via technology and knowledge exchange.
- Local collaborators: Agencies or even Civil Associations, working together as service collaborators to the Local Public Administration
- Regional Hospitals and Health organizations

#### **Dissemination channels:**

The dissemination channels will be:

The Use of Social Networks (Facebook) for the dissemination of the project and its progress especially in our area will be essential

Organized events like for example press conferences, workshops, seminars

Through Geroskipou's website (<a href="http://www.geroskipou-municipality.com/">http://www.geroskipou-municipality.com/</a>)

Press releases and newsletters

Dissemination through local radio stations like for example Radio Paphos 93.7

Local and national Press, informational websites and blogs and other media

One-to-one meetings with other municipalities and potential collaborators, sponsors, customers in an aim to create strategic alliances with key stakeholders and build awareness of the **INCA** services.

Preparation of leaflets and brochures. This dissemination material will be used during the Council internal meetings, conferences and workshops and in any other occasion where the **INCA** could be promoted.

Also a brief project presentation will be published encompassing key technical and strategic aspects of the project. These brochure series will be distributed by Interfusion and Geroskipou in order to provide a common view of the project at any workshop, conference or meeting where they can present the project.

Informational campaigns and info days will take place from time to time to update followers on the project progress.

Moreover through bilateral meetings we will evaluate the interest from local administrations and other stakeholders in deploying **INCA** services.

Preparation of a small demo video jointly with Interfusion showing the major outcomes of INCA (audience: public organizations/companies, health associations, hospitals).

#### Foreseen events:

Furthermore, key-events have been identified to present the project and if possible establish synergies with the event organizers in order to reach a joint activity of the project and the event, e.g. presentations, demonstrations, or a stand for promoting information material about the project.

# Organization of a focused workshop presentation of INCA (about month 16 of the project).

In this event we are going to present (in cooperation with Interfusion) the project's main improvements and targets. Special Guests in this event will be other municipalities as well as ICT companies, policy makers and national organizations. The main aim here is to inform and make aware the public bodies, municipalities, NGOs, private investors, communal boards, as well as enterprises providing similar services. Moreover we will have as a target to inform academia and industry personalities as well. Target is to have about 50 attendees from all the possible range of stakeholders.

#### The main goals of this workshop will be

- To inform all our contacts and other possible vendors and stakeholders regarding the goals of INCA as well as the activities and services that the project offers
- To promote the activities of the project to the mass media (TV, radio, newspapers & magazines)
- To communicate with the network and collect ideas
- To transfer ideas and good practices previously performed by other partners in the network

 To inform or contact a few well known and high-placed specialists and key persons, in order to get support from them, and get them to know about the existence of the project

# Dissemination at Conferences, seminars, Events

- Researchers Night (Organized by the Research Promotion every year)
- Lecture at OPEN IEROKIPEIO UNIVERSITY on 30/5
- Festival "Ierokipia 2014" "Ierokipia" or «IEPOKΗΠΙΑ» in Greek is a series of cultural events organized every September by Municipality of Geroskipou and attended by thousands of citizens from all over Cyprus.

Event / Process	Location	Date
Lecture at Open Ierokipeio	Paphos	May 2014
Researcher's Night	Limassol	September 2014
Festival Eirokipia 2014	Geroskipou	September 2014
Focused workshop presentation of INCA (month 16 of the project)	Geroskipou	M16 (April 2015)

# 13.7 VENTSPILS City Council Social Care Board

# 13.8 Ziemeļkurzemes reģionālā slimnīca

Activities	Date(s)	Focus Group category	Target Group (Nº estimated people)
Press release	June 2, 2014	General public	5000
Meeting	June 11, 2014	Doctors, Hospital and socio-sanitary personnel	10
Social Media activities	Starting from June	General public, Industry specialists	100
Meeting	June 27, 2014	Doctors, Hospital and socio-sanitary personnel	10
Press release	August 20, 2014	General public	5000
Meeting	September 4, 2014	Doctors, Hospital and socio-sanitary personnel	10
Meeting	September 18, 2014	Pilot staff	4
Press release	October 23 , 2014	General public	5000
Info day	November 13, 2014	Ventspils and Kurzeme region Citizens	50
Project brochure production	December 17, 2014	Ventspils and Kurzeme region Citizens	500
Info meeting	November 13, 2014	Ventspils and Kurzeme region Citizens	50
Training event	December 17, 2014	Doctors, Hospital and socio-sanitary personnel	15
Press release	January 12, 2015	General public	5000
Meeting	January 29, 2015	Public administration officer, Pilot staff	10
Participation in conference	February - March 2015	Industry leaders, public administrations hospitals	200
Info day	March 2015	Ventspils and Kurzeme region Citizens	50
Press release	April, 2015	General public	200
Meeting	May, 2015	Pilot staff	4
Press release	June, 2015	General public	5000
Info day	July, 2015	Ventspils and Kurzeme region Citizens	50
Project brochure production	September, 2015	Ventspils and Kurzeme region Citizens	500
Info meeting	November, 2015	Ventspils and Kurzeme region Citizens	50
Training event	December, 2015	Doctors, Hospital and socio-sanitary personnel	15
Press release	January, 2015	General public	5000
Meeting	February, 2015	Pilot staff	4

# 13.9 Croatian Health Insurance Fund - Republic of Croatia

Please note that the events indicated in the table are only the events organized by CHIF, while there is possibility for other events but they will be added upon confirmation. Up to the end of the year CHIF will disseminate INCA in 3 major events in Croatia, organized by CHIF.

N°	Event/Process	Location	Content/Title	Date	Туре	Target Group
1	INCA Kick-Off	Paterna, Spain	Project Kick-Off	12-13/02/2014	Working Meeting	INCA Consortium
2	Website	Zagreb, Croatia	Introduction	March-December 2014	Website	General Public
3	HZJZ Conference	Zagreb, Croatia	Introduction	July 2014	Presentation	Public Healthcare
4	HZZO/CIMS conference	Zagreb, Croatia	Introduction	November 2014	Presentation	Primary Healthcare
5	Website	Zagreb, Croatia	News	January- December 2015	Website	General Public
6	HZJZ Conference	Zagreb, Croatia	Pilot Overview	July 2015	Presentation	Public Healthcare
7	Medical Journal		TBC	July 2015	Article	General Public
8	HZZO/CIMS conference	Zagreb, Croatia	Pilot Overview	November 2015	Presentation	Primary Healthcare
9	Website	Zagreb, Croatia	News	January- December 2016	Website	General Public
10	HZJZ Conference	Zagreb, Croatia	Results & Recommendations	July 2016	Presentation	Public Healthcare
11	Medical Journal		TBC	July 2016	Article	General Public
12	HZZO/CIMS conference	Zagreb, Croatia	Results & Recommendations	November 2016	Presentation	Primary Healthcare

# 13.10 RIJEKA City Council Department of Health and Social Welfare

On 24/02/2014 GRAD RIJEKA announced **INCA** officially to the local news media. http://www.rijeka.hr/TheCofinancingOfThe

For **INCA** project duration the following activities have been foreseen:

N° Type of Activity **Event/Process** Location Status Date Presentation, Meeting INCA Stakeholders Meeting Rijeka, Croatia 07/02/2014 Executed 2 **INCA Kick-Off** Paterna, Spain Project Kick-Off Executed 12-13/02/2014 24/02/2014 3 **INCA Press Conference** Rijeka, Croatia Presentation, Meeting Executed Rijeka, Croatia WEB portal - www.rijeka.hr Articles, Link < 24/02/2014 Executing http://www.rijeka.hr/INCA http://www.rijeka.hr/euprojectEN WEB portal - www.mojarijeka.hr 5 Rijeka, Croatia Articles; Link Executing INCA - Radio KORZO 6 Rijeka, Croatia Radio Presentation Executed 26/02/2014 INCA Presentation, Meeting City Rijeka, Croatia Presentation Executed 02/04/2014 10/06/2014 8 INCA Stakeholders Workshop Rijeka, Croatia Presentation, Meeting Executed 17/06/2014 9 INCA Presentation / Elderly people Rijeka, Croatia Executed 18/06/2014 10 INCA Presentation - TV station Rijeka, Croatia TV Presentation Executing Kanal RI INCA Presentations - Clubs for elderly Planned <01/07/2014 people 12 **INCA Training sessions** <01/09/2014 INCA networking with other projects Planned 13 22-25/10/2014 International Healthy Cities Planned 14 Athens, Greece Presentation European Health Forum, Gastein, Planned 1-3/10/2014 16 Production of an INCA video Planned DANTE - ICT Conference Planned Rijeka, Croatia Presentation, Meeting 11/2014 17 MIPRO Conference 18 Rijeka, Croatia Presentation, Meeting Planned 2014 / 2015 19 Education Courses & eClubs activity TBD Presentation; Workshop Planned <01/01/2014 Ministry of Public 20 Administration, e- Croatia TBD Presentation, Meeting Planned 2014 06/2015 MCE Annual Conference Hamburg Presentation; Conference Planned 21 Germany Association of Cities TBD Presentation; Conference Planned 2014 22 23 Local & Regional TV Stations Rijeka, Croatia Report, Interviews: Executed / TBD Presentation; Planned 24 Radio Stations Rijeka, Croatia Interviews; Presentation Executed / **TBD** Planned 25 **Press Conferences** Rijeka, Croatia Presentation, Meeting Executed / **TBD** Planned Executed / TBD 26 Daily newspapers Croatia Articles; Planned YouTube; Twitter, Facebook, LinkedIn TBD Proposed TBD 27 Messages

# 13.11 Foundation for Training and Healthcare Research of Murcia Region

Event / Process	Location	Date
INCA Kick-Off	Paterna, Spain	12- 13/02/2014
Murcia Region counts at Healthcare level, with a Socio-Sanitary Working Group, leaded by the <i>Consejería de Sanidad y Política Social</i> , with the aim to deploy the model in some areas, and with the intention (if it proves successful) to extend it to all the rest of areas in the Health System in Murcia Region.  The Socio-Sanitary Working Group is integrated by social and public health providers and to this respect <b>INCA</b> is key to contribute to reach the objectives set by the <i>Consejería</i> .  Presentation of the <b>INCA</b> project, as an instrument for improving integrated care, to all the participants during the last meeting of the Socio-anitary Working Group.		April 2014
Opening Conference in Murcia, with different kind of stakeholders such as sanitary professionals, social professionals, public health providers, ITC enterprises, patient associations, universities, integrants of EIP on AHA in the Region of Murcia. The date of the event will be decided next.	media	June 2014
We are developing a web for the Regional Coalition EIP on AHA that will include a link to the INCA Project web, as well as all the information about the INCA Project in Murcia. The web is foreseen to be running in June.		June 2014

INCA Project will be presented in the Open Days in Brussels; The OPEN DAYS is coorganised by the Committee of the Regions (CoR) and the European Commission's Directorate-General for Regional and Urban Policy (DG REGIO).  Murcia Region has been invited to expose its policy in Active Aging, with the topic "Facing the challenge of demographic change". We will take profit of this opportunity to present the INCA Project. The OPEN DAYS and its workshops, debates and networking activities are targeted to an specific audience, namely:  • Members of the Committee of the Regions, members of the European Parliament and national, regional and local politicians;  • European, national, regional and local government officials and experts in the field of managing and evaluating cohesion policy programmes;  • Representatives of private companies, financial institutions and European and  • National associations;  • Journalists from European, national, regional and local media outlets;  • Master or PhD students, researchers and practitioners in the field of European, regional and urban policy.	European media	October 2014
Information about the project milestones, deliverables & outputs in different Action Groups of European Innovation Partnership on Active Healthy Ageing at European level will be released all along the project term.		2014-2016
INCA Abstract Paper, with preliminary results to a scientific meeting	European media	Mid 2015
Final Conference with outcomes and economic evaluation	European media	Final 2016
INCA Paper presented to an specialized journal	European media	Final 2016

Despite the austerity measures imposed by the financial and economic crisis, MURCIA counts with a special link at Europe's heart. In Brussels the Murcian Government holds an office with links and contacts with all the European Regions there based and that are key for accessing European Networks.

Therefore, Regional Offices from other European countries established in Brussels, will be informed regularly about **INCA**.

# **ANNEX I – Dissemination Tracking Template**

The document has been organized in order to track the progress carried out by each partner, related to the dissemination and communication set strategy, as well as to measure the level of accomplishment of commitments stated in the Communication Plan inside WP2.

The template has been structured in the following BLOCKS:

- BLOCK 1 TARGET AUDIENCES
- BLOCK 2 INTERNAL COMMUNICATION
- BLOCK 3 DISSEMINATION MATERIALS
- BLOCK 4 DISSEMINATION EVENTS

PARTNER			
DATE(S)			
BLOCK 1 – TARGET	AUDIENCES		
	Have you identified the different groups on your end-users pilot?	□ No	□ Yes
	IF YES (the following ones):		
End-Users of INCA	Have you organised any activity to raise knowledge on <b>INCA</b> among your end-users?	□ No	☐ Yes
	Have you sent this information to the WP2 Coordinator?	□ No	□ Yes
	Have you talk to your contacts about <b>INCA</b> and its website	□ No	□ Yes
NoI of INCA	Have you created/promoted a NoI (Network of Interest) for INCA project	□ No	Yes
	Have you contacted/approach your contacts to inform about INCA and engage them in INCA NoI	□ No	Yes

# **BLOCK 2 – INTERNAL COMMUNICATION**

	Is the WP2 Coordinator in touch with you, by forwarding the updated dissemination material and information of the project and interested in your communication needs?	□ No	□ Yes		
	IF NO. Do you know why? Explain				
	IF YES. I am satisfied with the internal commun	nication			
	Have you cooperated with WP2 leader (QUART-IDI) in communication activities?	□ No	□ Yes		
	Have you sent this information to the WP2 Coordinator?	□ No	□ Yes		
	IF NO. Explain your reasons				
Communication with WP2 leader and Coordination	IF YES. WHICH? (List them: sending content for the website and Newsletter, sending press releases and event templates filled, preparing and sending dissemination material, contributing to workshops,)				
	Have you answered to requests made by the lead partner and QUART in deadlines regarding to contributions and review drafts for comments and improvements on communication issues (website, newsletters, and other material)?	□ No	□ Yes		
	IF NO. Explain your reasons				
IF YES. The following ones:					
	Have you used the Private Area as a communication tool among the other partners in the project?  IF NO. Explain your reasons	□ No	□ Yes		
Use of Private Area	Do you believe <b>INCA</b> Private Area is an efficient tool for providing support work information and communication between partners?	□ No	□ Yes		
	IF NO. Explain your reasons				
	IF YES. Explain the benefits obtained				
	Attachments:				
	Comments:				

# **BLOCK 3 – DISSEMINATION MATERIALS**

BANNER	Do you have already inserted the INCA link on your website or/and other related websites?  Links and dates	□ No	□ Yes
NEWSLETTER	Do you have translated INCA Newsletter into your language and distributed it in related events or conferences, between your target audiences or public in general?		
	Do you have already published or distributed INCA Newsletter on your website or/and other related websites and events?  Links and dates:		

# HAVE YOU PUBLISHED MATERIAL RELATED WITH INCA PROJECT

Туре	Press Releases	Article(s) in printed media	Website article	Video(s) published (uploaded) to: (YouTube, Facebook,	Radio interviews 	TV programme
Nº of Publications				Twitter)		
Have you fulfil the appropriate template and sent it to the WP2	□ No □ Yes	□ No □ Yes	□ No □ Yes	□ No □ Yes	□ No □ Yes	□ No □ Yes
leader?						

# **BLOCK 4 - DISSEMINATION ACTIONS**

# HAVE YOU ORGANISED AND/OR PARTICIPATED IN INCA PROJECT EVENTS

Туре	Events	Workshops	Conferences	Ad hoc meetings	Others (Which?)
Nº of Events					
Have you fulfil the	□ No	□ No	□ No	□ No	□ No
appropriate template and sent it to the WP2 leader?	□ Yes	□ Yes	□ Yes	□ Yes	□ Yes

Others:			
•			