

Appendix XI

Table 9. Means and standard deviations of secondary patient outcomes (UK)

	Baseline		Follow-up		Between baseline and follow-up*	
	Control	Intervention	Control	Intervention	Control	Intervention
The proportion of patients with a BMI and/or waist circumference measurement recorded within the study period	29.1 SD: 6.56 (N=32,079)	28.8 SD: 4.36 (N=17,728)	53.0 SD: 9.24 (N=32,079)	51.4 SD: 7.42 (N=17,728)	NA	NA
The proportion of patients with a record of lifestyle assessment	-	-	23.1 SD: 7.61 (N=32,079)	23.9 SD: 6.05 (N=17,728)	NA	NA
Referral to external weight loss services	-	-	5.1 3.36 (N=32,079)	3.7 3.36 (N=17,728)	NA	NA
The percentage of overweight/obese patients who lost weight (at least 1 kg) during the study period	37.6 SD: 3.57 (N=28,412)	41.0 SD: 4.07 (N=18,468)	38.0 SD: 5.79 (N=19,264)	39.6 SD: 8.11 (N=11,868)	42.2 SD: 4.06 (N=39,076)	41.7 SD: 4.14 (N=23,136)
The mean weight change over the study period	-0.13kg SD: 0.46 (N=28,412)	-0.28kg SD: 0.37 (N=18,468)	-0.29kg SD: 0.78 (N=19,264)	-0.21kg SD: 0.68 (N=11,868)	0.09kg SD: 0.59 (N=39,076)	0.04kg SD: 0.53 (N=23,136)