General images

INNOVAGE LOGO

innovAge

SOCIAL INNOVATIONS PROMOTING ACTIVE AND HEALTHY AGEING

INNOVAGE Banner

innovAge

SOCIAL INNOVATIONS PROMOTING ACTIVE AND HEALTHY AGEING
Videos

INNOVAGE YouTube page
https://www.youtube.com/channel/UCFxoEXuUF9CMITtpb6iWk
lw

Eurocarers YouTube page
(containing all translated version of the InformCare video)
https://www.youtube.com/playlist?list=PLr50Bh2p_bxd8yvIAKY
Stius7_rKsjJYf
WP1 Increasing Healthy Life Expectancy

Report cover: A system to evaluate social innovations and to assess their potential impact on healthy life years
WP2 User-driven Housing for Older People

Figure 1 System components of the Housing Enabler

Figure 2 System architecture of the Housing Enabler

Figure 3 Printed output from the Housing Enabler
Housing Enabler instrument
Administered in 3 steps

1. Profile of functional limitations
   - Interview and observation
   - Present / not present
   - 12 items (FL) and 2 items dependence on mobility devices

2. Physical environmental barriers
   - Objectively assessed based on national standards for housing design
   - Present / not present
   - 161 items (60 in screening version) (indoors/entrances/ exterior)

Accessibility problem score: A function of the individual profiles of functional limitations and the presence of environmental barriers
Screengrabs from app

This app will help you to find the best possible housing solutions
Developed by the Innovage team at Lund University, 2015

CONTINUE

List of apartments

<table>
<thead>
<tr>
<th>Match</th>
<th>Address</th>
<th>Floor</th>
<th>Lift</th>
<th>Rooms</th>
<th>Monthly rent (1000kr)</th>
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<td>Regeringsgatan</td>
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</table>
Selected apartment

- **Match**: 79%
- **Address**: Regeringsgatan, Karlshamn
- **Floor**: 1
- **Lift**: 1
- **Rooms**: 2
- **Monthly rent (1000kr)**: 4750

Outdoor - Path surfaces

Entrance - Doors

B9 Doors that do not stay in open position/close quickly.

Entrance - Stairs

Entrance - Lifts

Entrance - Sitting-out place/balcony

Indoor - Indoor – Kitchen and laundry room

Indoor - Hygiene area

Indoor - Controls and operable hardware in other locations than kitchen, laundry room or hygiene area.

Apartment locations on a city map
WP3 ICT-based Social Support for Carers of Older People

Screengrabs of the InformCare web portal
Care and support services include a wide range of support available to yourself as a carer, and the person you care for. This section includes information about care services available within the home as well as residential care and independent living options for older persons.

Community support such as the services available for people with ADL limitations, counselling support and activities available for carers are also detailed. The type of support available to carers varies from one local authority to the next therefore the information contained in this section is designed as a guide and a starting point of finding out what is available in your local area.

**Home Care**

Homecare services can include assistance with shopping, cleaning, cooking as well as visits from paid care workers who can assist with bathing, getting out of bed and many other activities. These services can be provided through the local authority, the voluntary sector or by private providers.

Homecare visits by health professionals such as community nurses are provided by the National Health Service and are free at the point of delivery.

Age UK has published a comprehensive guide for home care – *Care at Home: Getting help to live independently in your own home*. It includes information about getting help at home, telecare, payment for services, information about help for carers and local health services.

Where these services are provided through the local authority eligibility criteria are used to determine who may be provided the service; these are largely based around needs testing. Eligibility criteria differ across local authorities, and will be determined following a Social Care Assessment of the person being cared for.

How much someone pays for a service depends upon how much income and assets the person has, what the charging policy is of the local authority and how much the service costs. There are rules which govern what services the local authority is able to charge for and the level of disposable income a person must be left with. The local authority can also choose which services it makes free, with many choosing to make carers’ services free of charge.

All care providers in England are regulated by the Care Quality Commission who provide a review of each provider on their...
According to recent research, 80% of care in Europe is provided by families and friends. The consequence of such a burden on informal carers’ personal sphere and life is huge. They need continuous and flexible ways for accessing support services.

Eurocarers and INRCA are proud to announce the launch of the InformCare web platform, a new on-line tool for supporting informal carers of older people.

www.eurocarers.org/informcare

- InformCare is available in 32 versions, for 27 EU countries, in 23 languages
- More than 2,500 web pages available for informal carers, 300 for care professionals and employers of working carers
- Design, development and implementation process involved almost 200 among end-users and experts, and 32 stakeholders
- 118 end users were involved in a pilot test in Italy, Germany and Sweden

For more information:
Areti Etthyymiou (aretieurocarers.org)
Francesco Barbabella (frbarbabella@inrca.it)
WP4 Improving Obesity Related Outcomes in Old Age

Screenshots

Collaborative challenge

This group is aiming to walk a collaborative distance of 438240 steps

So far, this group has walked a collaborative distance of 490453 steps

All Saints Catholic High School

This group is aiming to walk a collaborative distance of 438240 steps

So far, this group has walked a collaborative distance of 609449 steps
Round Sheffield Walk route on iStep
WP5 Long-term Care in Motion

Graphs from evaluation stage showing retardation of further decline or even enhancement of physical activity (e.g., time spent in activity: primary outcome measure; see Figure (a) below) as well as extension of life-space area (e.g., life-space score: primary outcome measure; see Figure (b) below).

(a) Duration of Activity (min.)

Day with training (IG)

\[ \text{time} \times \text{group effect: } p = .045; \eta^2 = .11 \]

(b) Life Space Score

\[ \text{time} \times \text{group effect: } p = .013; \eta^2 = .08 \]
WP6 Knowledge Exchange and Transfer

Report cover: Guidelines on involving older people in social innovation development

Images from our events are available at our Flickr page:
https://www.flickr.com/photos/innovagefp7/