

General images

INNOVAGE LOGO

*innov*Age

SOCIAL INNOVATIONS PROMOTING ACTIVE
AND HEALTHY AGEING

INNOVAGE Banner

*innov*Age

SOCIAL INNOVATIONS PROMOTING ACTIVE
AND HEALTHY AGEING



Videos

INNOVAGE YouTube page

<https://www.youtube.com/channel/UCFxoEXuUF9CMITtpb6iWkIw>

Eurocarers YouTube page

(containing all translated version of the InformCare video)

https://www.youtube.com/playlist?list=PLr50Bh2p_bxd8yvIAKYStius7_rKsjJYf

WP1 Increasing Healthy Life Expectancy

Report cover: A system to evaluate social innovations and to assess their potential impact on healthy life years



Screengrab of Innovations Database

innovAge SOCIAL INNOVATIONS PROMOTING ACTIVE AND HEALTHY AGEING

[About the project](#)
[Project partners](#)
[Active ageing](#)
[Social innovation](#)
[News & Events](#)
[Resources](#)
[Innovations Portal](#)

Innovation projects database

Use the form below to find the Innovation projects you're interested in.
[An explanation of how the database was compiled](#)

Choose a filter to apply:

1 2 3 4 5 6 >> Last 153 projects found

Tirza Multi-Generation Centre

ORGANISATION: 'Change Opportunities for Schools' programme

COUNTRY: TMC provides range of formal and information education for children, youth, adults and older people along with opportunities for physical activity. Classes offered in computing, ...

DOMAIN:

STAGE: PRIMARY IMPACT:

Silver Memories

ORGANISATION: 4MBS

COUNTRY: Silver Memories broadcasts 24 hours a day online and to specially designed radio sets. It broadcasts nostalgic music from the 1920s-1950s, has singalong sessions, makes birthday ...

DOMAIN:

STAGE: PRIMARY IMPACT:

Screengrab of HLY Modeller

Healthy Life Years

To what extent did your innovation reduce mortality and/or the prevalence of activity limitation?
 Use the sliders to test the effect on Healthy life years!

Enter the extent of your project's outcomes for different age ranges here

Age Group	% Reduction in mortality rate	% Reduction in prevalence of activity limitation
0-15	<input type="range" value="0"/>	<input type="range" value="0"/>
16-19	<input type="range" value="0"/>	<input type="range" value="0"/>
20-24	<input type="range" value="0"/>	<input type="range" value="0"/>
25-29	<input type="range" value="0"/>	<input type="range" value="0"/>
30-34	<input type="range" value="0"/>	<input type="range" value="0"/>
35-39	<input type="range" value="0"/>	<input type="range" value="0"/>
40-44	<input type="range" value="0"/>	<input type="range" value="0"/>
45-49	<input type="range" value="0"/>	<input type="range" value="0"/>

See the impact on the proportion of healthy life years/activity limitation here

Choose which dataset to use for the underlying data:
 [More info](#)

Age	Years	Change (years)
Birth	<input type="range" value="75.7"/>	0.0
	<input type="range" value="60.8"/> <input type="range" value="14.9"/>	0.0 / 0.0
50	<input type="range" value="29.0"/>	0.0
	<input type="range" value="17.6"/> <input type="range" value="11.4"/>	0.0 / 0.0

WP2 User-driven Housing for Older People

Figure 1 System components of the Housing Enabler

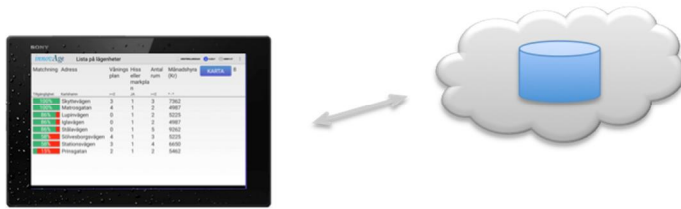


Figure 2 System architecture of the Housing Enabler

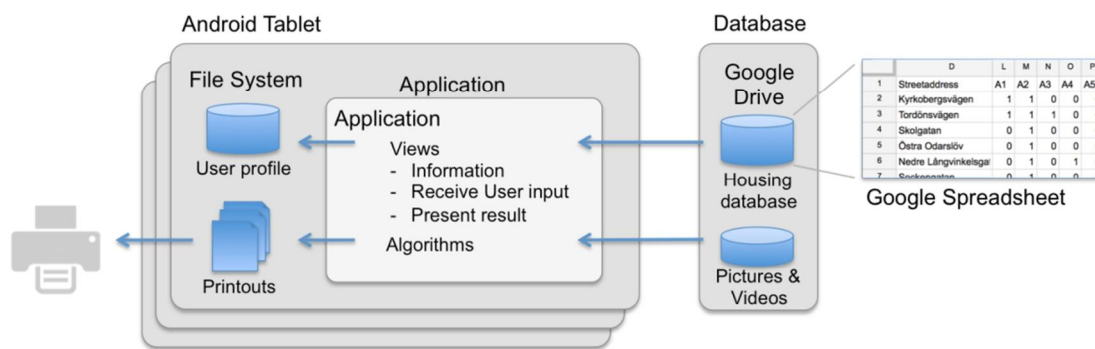


Figure 3 Printed output from the Housing Enabler



Graphic overview of Housing Enabler

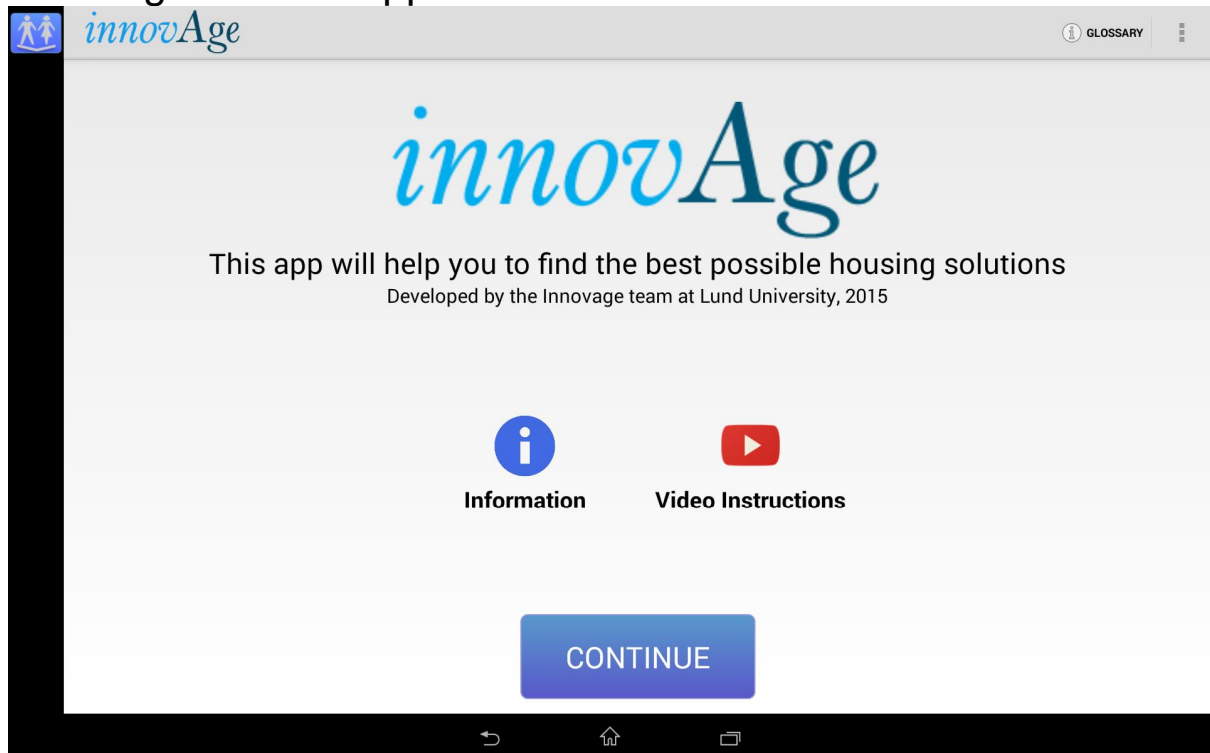
Housing Enabler instrument

Administered in 3 steps



Accessibility problem score: A function of the individual profiles of functional limitations and the presence of environmental barriers

Screengrabs from app



The screenshot shows the 'List of apartments' screen in the innovAge app. The header includes the innovAge logo, the title 'List of apartments', and navigation links for 'GLOSSARY', 'HELP', and 'PRINT'. A 'MAP' button is visible on the right. The table below lists apartment options with columns for Match, Address, Floor, Lift, Rooms, and Monthly rent (1000kr). Each row includes a green bar representing the match percentage and a red bar representing the accessibility score. The 'Address' column is partially obscured by the word 'Karlshamn'.

Match	Address	Floor	Lift	Rooms	Monthly rent (1000kr)
79%	Karlshamn		YES	>=2	* - *
79%	Regeringsgatan	1	1	2	4750
79%	Lupinvägen	0	1	2	5225
77%	Skyttevägen	3	1	3	7362
76%	Prinsgatan	2	1	2	5462
76%	Prinsgatan	1	1	3	6175
76%	Stationsvägen	3	1	4	6650
72%	Matrosgatan	4	1	2	4987
72%	Stålavägen	0	1	5	9262
70%	Iglavägen	0	1	2	4987
67%	Sölvesborgsvägen	4	1	3	5225
57%	Regeringsgatan	1	1	3	6887

innovAge Selected apartment GLOSSARY HELP PRINT

Match	Address	Floor	Lift	Rooms	Monthly rent (1000kr)	MAP
79%	Regeringsgatan, Karlshamn	1	1	2	4750	INFO

- ∨ **Outdoor - Path surfaces**
- ∧ **Entrance - Doors**
 - B9 Doors that do not stay in open position/close quickly.
- ∨ **Entrance - Stairs**
- ∨ **Entrance - Lifts**
- ∨ **Entrance - Sitting-out place/balcony**
- ∨ **Indoor - Indoor – Kitchen and laundry room**
- ∨ **Indoor - Hygiene area**
- ∨ **Indoor - Controls and operable hardware in other locations than kitchen, laundry room or**

innovAge Apartment locations on a city map GLOSSARY

The map displays the city of Riga and its surrounding areas. Numerous red pins are scattered across the city, indicating the locations of various apartments. The map shows the city's layout, including the Daugava river, major roads, and different districts. The pins are concentrated in the central and eastern parts of the city.

WP3 ICT-based Social Support for Carers of Older People

Screengrabs of the InformCare web portal

The screenshot shows the top navigation bar of the InformCare website. It includes the logo for 'EUROCARERS for CARERS' and 'for EMPLOYERS'. The main navigation menu consists of: 'Caring for older people', 'Your own needs', 'Support by the state', 'Get help', and 'Interactive services'. A search bar and 'Exit' button are also present. Below the navigation, there is a large banner image of two women. A text overlay on the banner reads: 'Making life easier Different types of equipment or changes to your home could help... More'. To the right of the banner is a 'GO TO INTERACTIVE SERVICES' button and a section titled 'Latest posts from the social network' featuring two posts by Frida Andreasson. Below the banner are three main content areas: 'Coping with caregiving', 'Family reconciliation', and 'Work reconciliation', each with a brief introductory paragraph.

This screenshot shows the 'Caring for older people' section of the website. The page title is 'Caring for older people' with a breadcrumb trail 'Carers / Caring for older people'. On the left side, there is a sidebar menu with four expandable categories: 'Impairments and care management', 'Care and support services', 'Mobility services', and 'Home environment'. The main content area features a photograph of an elderly couple looking at a laptop. To the right of the photo, there is text explaining that the section provides information on 'Older age related conditions and Care management, available Care and Support services, Mobility services in your country and safety at home advice.' It also mentions that a detailed presentation of older age related conditions offers information on symptomatology, progression and therapeutic interventions, while another part is devoted to providing information on coping with conditions. The footer contains links for 'Innovage Project', 'Site map', 'Disclaimer', 'Help! Technical support', 'Video Tutorial', 'Accessibility', and 'Contacts'.

for EMPLOYERS A A A United Kingdom

EUROCARERS for CARERS

Caring for older people Your own needs Support by the state Get help **Interactive services**

Care and support services

Carers / Caring for older people / Care and support services


Impairments and care management

Care and support services

- Home care
- Residential care
- Independent living for older people
- Care services for people with ADL limitations
- Volunteer support services
- Counselling services
- Community activities for carers


Care and Support Services include a wide range of support available to yourself as a carer, and the person you care for. This section includes information about care services available within the home as well as residential care and independent living options for older persons.

Community support such as the services available for people with ADL limitations, counselling support and activities available for carers are also detailed. The type of support available to carers varies from one local authority to the next therefore the information contained in this section is designed as a guide and a starting point of finding out what is available in your local area.




Home Care

Homecare services can include assistance with shopping, cleaning,



Residential Care

There are a number of options available when considering residential care for



Independent living for older people

Equipment and technology can provide independence for older people living

for EMPLOYERS A A A United Kingdom

EUROCARERS for CARERS

Caring for older people Your own needs Support by the state Get help **Interactive services**

Home care

Carers / Caring for older people / Care and support services / Home care

Impairments and care management

Care and support services

- Home care**
- Residential care
- Independent living for older people
- Care services for people with ADL limitations
- Volunteer support services
- Counselling services
- Community activities for carers

Homecare services can include assistance with shopping, cleaning, cooking as well as visits from paid care workers who can assist with bathing, getting out of bed and many other activities. These services can be provided through the local authority, the voluntary sector or by private providers.

Home visits by health professionals such as community nurses are provided by the National Health Service and are free at the point of delivery.

Age UK has published a comprehensive guide for home care – *Care at Home: Getting help to live independently in your own home*. It includes information about getting help at home, telecare, payment for services, information about help for carers and local health services

Where these services are provided through the local authority eligibility criteria are used to determine who may be provided the service, these are largely based around needs testing. Eligibility criteria differ across local authorities, and will be determined following a Social Care Assessment of the person being cared for.

How much someone pays for a service depends upon how much income and assets the person has, what the charging policy is of the local authority and how much the service costs. There are rules which govern what services the local authority is able to charge for and the level of disposable income a person must be left with. The local authority can also choose which services it makes free, with many choosing to make carers' services free of charge.

All care providers in England are regulated by the **Care Quality Commission** who provide a review of each provider on their website.



Servizi Interattivi

0 Notifiche Profilo Impostazioni Esci

<< Torna alla homepage
Social Network
Messaggi
Chat
Video Chat
Forum


Forum

Inserisci Nuovo Topic

 Di positivo oggi c'è che...	13 <small>RISPOSTE</small>	85 <small>VISITE</small>	 Ultimo Post di Arianna Poli 1 aprile
 Al fianco di una persona con Demenza...	21 <small>RISPOSTE</small>	236 <small>VISITE</small>	 Ultimo Post di Arianna Poli 1 aprile
 Spazio di scrittura - Le vostre storie <small>1 2</small>	26 <small>RISPOSTE</small>	188 <small>VISITE</small>	 Ultimo Post di Roberta Martini 11 marzo
 quando l'assistenza del malato diventa troppo stressante...	0 <small>RISPOSTE</small>	10 <small>VISITE</small>	 Ultimo Post di Cinzia Gluli 25 Luglio 2014
 Assistenti familiari - Badanti	9 <small>RISPOSTE</small>	95 <small>VISITE</small>	 Ultimo Post di Arianna Poli 30 giugno 2014

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Italiano

Cinzia Cristina Andrea Benjamin Arianna Amici Online (2)



EUROCARERS

EUROPEAN ASSOCIATION
WORKING FOR CARERS

InformCare

Q

ОБГРИЖВАЩИ
ПРОФЕСИОНАЛНИ ГЛЕДАЧИ
РАБОТОДАТЕЛИ

A
A
A

Да положим грижи за хората в напреднала възраст
Вашите лични нужди
Подкрепа от държавата
Получаване на помощ

Интерактивни услуги

Професионални гледачи

Home / Професионални гледачи

LAST UPDATED ON 15/07/2015

Важността на неформалната грижа

Обгрижващите могат да бъдат определени по много различни начини в зависимост от различни критерии, като вид на връзката с обгрижвания, възраст, пол, етнос, особености на обгрижвания.

Асоциацията на обгрижващите в Европа (Eurocarers) определя обгрижващия като човек,

Правна рамка за професионалните болногледачи

Наредбата за професионалните болногледачи можете да видите [ТУК](#)

В България не са предвидени специални закони и наредби за болногледачите.

Как да се справите с тежестта на това да бъдете неформални гледачи

“От 5 години като социален работник работя в дневен център за обгрижване на болни от деменция. Последната година осъзнах, че се будя в много лошо настроение и не искам да ходя на работа. Щом като пристигна там се чувствам изтощен и измъкван, като че ли вече съм

Poster




According to recent research, **80% of care in Europe is provided by families and friends**. The consequence of such a burden on informal carers' personal sphere and life is huge. They need continuous and flexible ways for accessing support services.

Eurocarers and INRCA are proud to announce the launch of the **InformCare web platform**, a new on-line tool for supporting informal carers of older people.

www.eurocarers.org/informcare

- InformCare is available in **32 versions**, for **27 EU countries**, in **23 languages**
- More than **2,500 web pages** available for informal carers, 300 for care professionals and employers of working carers
- Design, development and implementation process involved **almost 200 among end-users and experts**, and **32 stakeholders**
- **118 end users** were involved in a pilot test in Italy, Germany and Sweden





- Coping with caregiving
- Family reconciliation
- Work reconciliation

When you are a carer, sometimes you find yourself in a position where you try to combine different family roles as a parent, as a spouse, as a child and as a carer. It is important to understand the value of being a carer and living well... [More >](#)

Working while caring isn't an easy task. Employers and fellow employees might not always get it. Trying to be on time with work tasks and to be able to do a decent carer job can be a challenge. A key factor to successfully work and care is to raise awareness among your colleagues and employers... [More >](#)

Help! Technical support

We made our best for making your navigation experience the easiest and most comfortable as possible. However, you could have some technical issues when a deployed correctly or you cannot find a specific item... [More >](#)

Video

Watch our promotional videos... [More >](#)

About the platform

carersuk
making life better for carers

Innovage Project

INNOVAGE is a three year project dedicated to social innovations which support active and healthy aging. The project will pilot carers' social innovation that will have a social impact on improving the quality of life and well-being of older people... [More >](#)

For more information:
Areti Efthymiou (aret@eurocarers.org)
Francesco Barbabella (f.barbabella@inrca.it)



WP4 Improving Obesity Related Outcomes in Old Age


Screengrabs

istep.org.uk/groups/all-saints-catholic-high-school/combined_steps/

This site uses cookies [No problem](#) [More info](#)

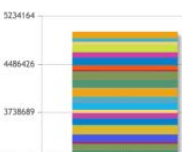
Collaborative challenge

Trans Pennine



This group is aiming to walk a collaborative distance of 438240 steps

So far this group have walked a collaborative distance of 4984919 steps



rosanneleita	m-d-davis	dtyoung2	morgs	christopher-ince
mrselask	weir	garytutley	paujjenkinson	cricketplayer
sanalthebest	gefllinton	charlottetaking19	jackwood	joyw
13evgreenhalgh	mrfllinton	emmet123	joicknell	manuela
clairreeshaw	tracey65	mckneve	lauraem12	rachaelashcroft
charlie	m-adlington	mrtrotter	oskarchust365	swfcmario

[Share your experience with us](#)

istep.org.uk/groups/all-saints-catholic-high-school/combined_steps/

This site uses cookies [No problem](#) [More info](#)

All saints catholic high school

Private Group active 2 months ago

All Saints Catholic High School iStep pilot challenge.

[Leave Group](#) The challenge is: Trans Pennine (Collaborative dyad challenge)

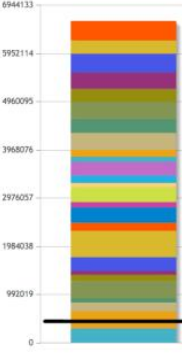
The challenge ends: 2015-03-02
The challenge goal is 438240 steps

[Group Admins](#)

[Individual Steps](#) [Combined Steps](#) [Partners](#) [Members](#) [Send Invites](#) [Manage](#)

This group is aiming to walk a collaborative distance of 438240 steps

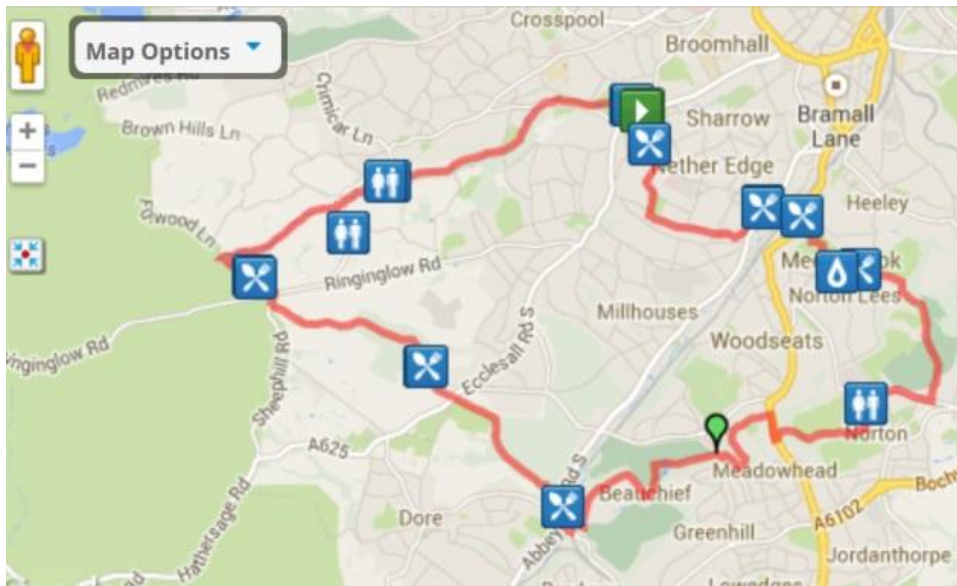
So far the dyads in this group have walked a collaborative distance of 6613460 steps



mrselask and joyw	lauraem12 and cambo
millulow and leannehillips	m-adlington and charlie
mrir and tattanatan	rsperciv and benjaminmetia
m-d-davis and emmet123	morgs and nathan
sanalthebest and rachaelashcroft	oscarsharman-wright and mrfllinton
homsie12 and clairreeshaw	victoriAMOODY and Jackwood
jonathansukwa1 and paujjenkinson	alexbrahim02 and joicknell
ellie-jod and weir	margaridaribeiro and gefllinton
johnbishop and 13hagerrard	connie and djedmands
oskarchust365 and tracey65	garytutley and 13evgreenhalgh
13macontarino and dtyoung2	sandrstheboss and c-sloddall
mrtrotter and manuela	molly and littlet
christopher-ince and ryanmellor	mckneve and clarescott

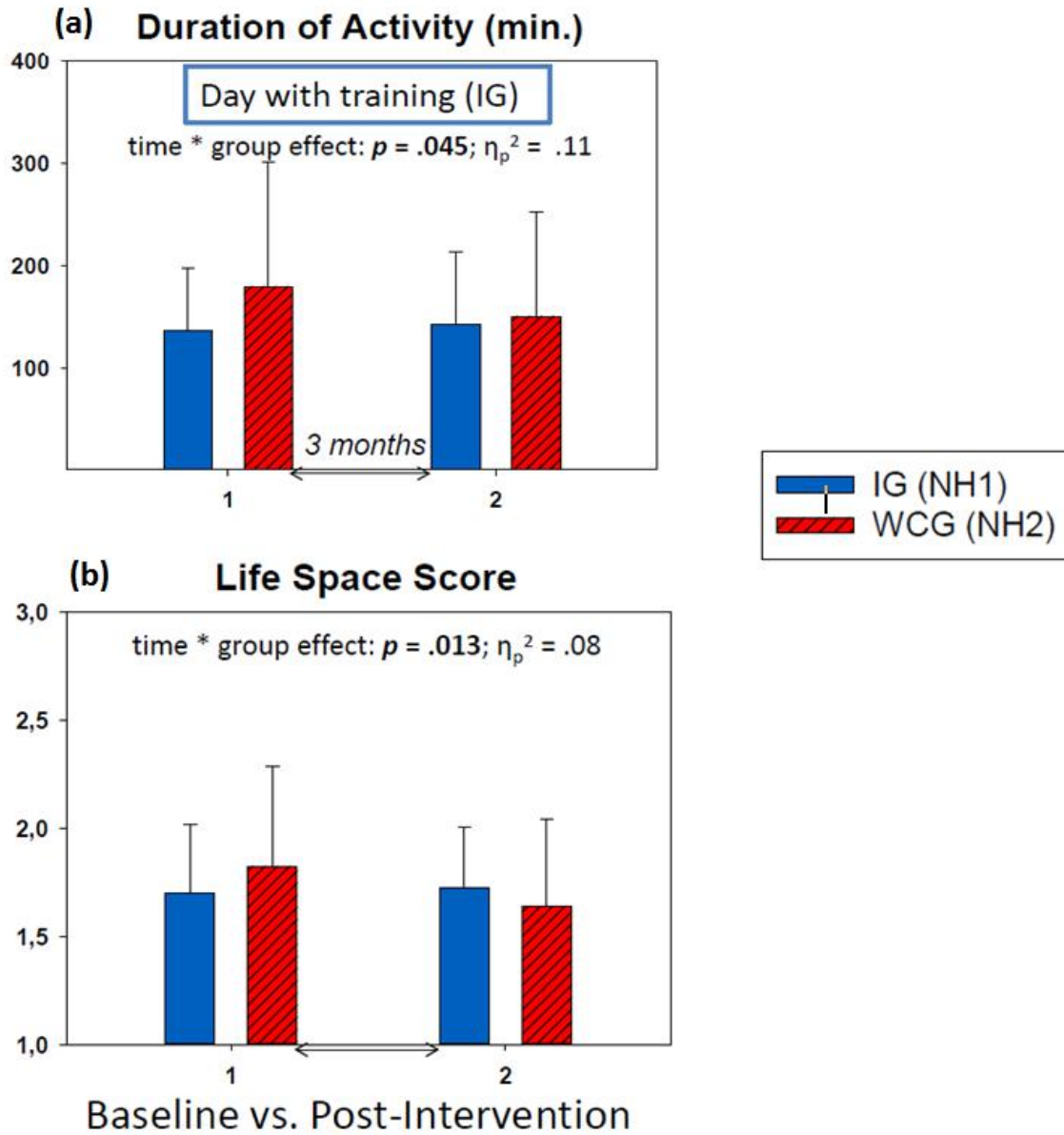
[Share your experience with us](#)

Round Sheffield Walk route on iStep



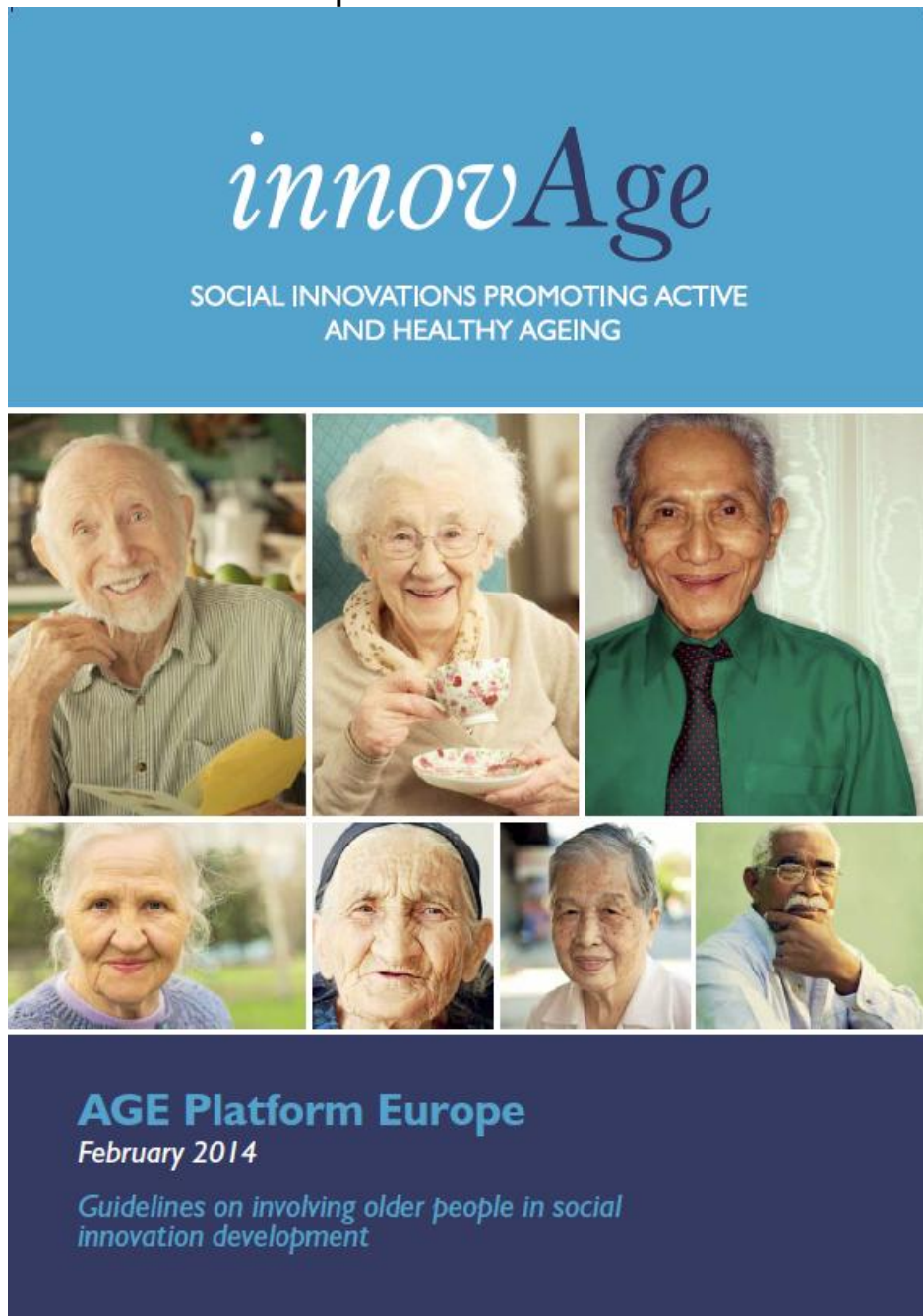
WP5 Long-term Care in Motion

Graphs from evaluation stage showing retardation of further decline or even enhancement of physical activity (e.g., time spent in activity: primary outcome measure; see Figure (a) below) as well as extension of life-space area (e.g., life-space score: primary outcome measure; see Figure (b) below).



WP6 Knowledge Exchange and Transfer

Report cover: Guidelines on involving older people in social innovation development



Images from our events are available at our Flickr page:
<https://www.flickr.com/photos/innovagefp7/>