

Table 3. Sociodemographic and clinical characteristics of ACTION participants

| Sociodemographic Characteristics | Control group (n = 675) | Intervention group (n = 442) | p-value |
|---|----------------------------|---------------------------------|---------|
| Age (years), mean (SD) | 66.3 (9.5) | 66.3 (10.3) | 0.92 |
| Range | 30-91 | 18-89 | |
| <i>Missing</i> | 3 | - | |
| Years of education, mean (SD) | 12.9 (4.7) | 13.1 (4.5) | 0.42 |
| <i>Missing</i> | 94 | 56 | |
| Female gender, n (%) | 268 (40) | 173 (39) | 0.85 |
| Living with a spouse, n (%) | 497 (74) | 303 (69) | 0.16 |
| <i>Missing</i> | 17 | 10 | |
| Having children, n (%) | 583 (86) | 376 (85) | 0.72 |
| <i>Missing</i> | 7 | 8 | |
| Religion, n (%) | | | 0.37 |
| Religious | 341 (51) | 207 (47) | |
| Not religious | 228 (34) | 174 (39) | |
| Prefers not to specify | 93 (14) | 51 (12) | |
| <i>Missing</i> | 13 | 10 | |
| Considering oneself member of minority group, n (%) | 7 (1) | 3 (1) | 0.92 |
| <i>Missing</i> | 26 | 18 | |
| Country of residence, n (%) | | | <0.001 |
| Belgium | 135 (20) | 72 (16) | |
| Denmark | 68 (10) | 68 (15) | |
| Italy | 139 (21) | 31 (7) | |
| The Netherlands | 168 (25) | 84 (19) | |
| Slovenia | 25 (4) | 72 (16) | |
| The United Kingdom | 140 (21) | 115 (26) | |
| Clinical Characteristic | | | |
| Diagnosis, n (%) | | | <0.001 |
| Lung cancer, stage III or IV | 341 (51) | 273 (62) | |
| Colorectal cancer, stage IV | 332 (49) | 168 (38) | |
| <i>Missing</i> | 2 | 1 | |
| Years since diagnosis, mean (SD) | 1.7 (2.4) | 1.2 (1.7) | <0.001 |
| Range | 0.1 – 33.3 | 0.1 – 11.5 | |
| <i>Missing</i> | 1 | 7 | |
| Years since diagnosis of current stage, mean (SD) | 1.0 (1.4) | 0.6 (0.9) | <0.001 |
| Range | 0.1 – 11.1 | 0.1 – 5.8 | |
| <i>Missing</i> | 6 | 10 | |
| Receiving systemic treatment ¹ , n (%) | 595 (89) | 349 (79) | <0.001 |
| <i>Missing</i> | 3 | 2 | |
| WHO performance status ² , n (%) | | | <0.001 |

| | | | |
|----------------|----------|----------|--|
| 3 | 8 (1) | 10 (2) | |
| 2 | 55 (8) | 74 (17) | |
| 1 | 343 (51) | 243 (55) | |
| 0 | 261 (39) | 109 (25) | |
| <i>Missing</i> | 8 | 6 | |

¹Includes chemotherapy, immunotherapy, and targeted therapy.