Improving Digital Mental Health Interventions: ENGAGEment as Mechanism of Impact

Fact Sheet

Project Information

ENGAGE
Grant agreement ID: 101078533

Funded under
European Research Council (ERC)

DOI
10.3030/101078533

Total cost
€ 1 499 590,00

EU contribution
€ 1 499 590,00

Start date
1 June 2023
End date
31 May 2028

Coordinated by
UNIVERSITEIT TWENTE
Netherlands

Project description

Enhancing digital mental health support accessibility and effectiveness

For individuals struggling with mental health issues, digital mental health interventions (DMHIs) can be an effective solution, particularly for those who face limited access to traditional treatment options. However, DMHIs have not yet reached their full potential due to limited accessibility and effectiveness. In this context, the ENGAGE project, funded by the European Research Council, will focus on engagement as the mechanism of impact. It proposes a multidimensional and interdisciplinary approach to understanding engagement and its relationship with intervention components and individual outcomes. The project aims to develop a
fine-grained real-time measurement of engagement. It will also expand the toolbox of intervention designers and verify engagement as a mechanism of impact within DMHIs.

**Fields of science**

natural sciences  >  computer and information sciences  >  internet

**Keywords**

digital health interventions  
engagement  
process evaluation  
mental health  
wellbeing

**Programme(s)**

HORIZON.1.1 - European Research Council (ERC)  

**Topic(s)**

ERC-2022-STG - ERC STARTING GRANTS

**Call for proposal**

ERC-2022-STG

See other projects for this call

**Funding Scheme**

ERC - Support for frontier research (ERC)

**Coordinator**
UNIVERSITEIT TWENTE

Net EU contribution
€ 1 499 590,00

Address
Drienerloolaan 5
7522 NB Enschede
Netherlands

Region
Oost-Nederland > Overijssel > Twente

Activity type
Higher or Secondary Education Establishments

Links
Contact the organisation
Website
Participation in EU R&I programmes
HORIZON collaboration network

Other funding
€ 0,00

EC signature date 26 February 2023
Last update: 3 March 2023

Permalink: https://cordis.europa.eu/project/id/101078533

European Union, 2023