Advancing Greencare in Europe: an integrated multi-scalar approach for the expansion of nature-based therapies to improve Mental health Equity

Fact Sheet

Project Information

**GreenME**
Grant agreement ID: 101084198

**Funded under**
Food, Bioeconomy Natural Resources, Agriculture and Environment

**DOI**
10.3030/101084198

**Start date**
1 September 2023

**End date**
31 August 2027

**Total cost**
€ 4 338 637,50

**EU contribution**
€ 4 338 636,50

**Coordinated by**
UNIVERSITAT AUTONOMA DE BARCELONA
Spain

Objective

GreenME aims to identify ways in which effective nature-based therapy and a broader green care framework can be scaled-up to improve adult mental health and wellbeing equity while contributing to multiple socio-ecological co-benefits. To that end, over 4 years, GreenME’s approach is to diagnose, to increase scientific evidence on the mental health and wellbeing benefits of green care and to empower green care actors to, finally, increase the use of nature-based therapy and its integration within a multi-scalar green care framework to ultimately promote just...
climate resilient and sustainable healthy communities. GreenME understands green care as a three-scale continuum from nature-in-everyday-life (e.g. the existence of green and blue infrastructure for viewing and walks) to nature-based health promotion (the promotion of active interaction with nature such as gardening and conservation) to nature-based therapy (the provision of treatment for individual patients). We will use a transdisciplinary and mixed-methods approach to identify opportunities, barriers, causal pathways and patterns of (in)equitable distribution of mental health and wellbeing benefits from green care in study countries. We will then co-create solutions and guidelines including a EU framework and country-specific schemes for bolstering green care along with an identified community of green care actors, and design a training program for nature-based therapy providers informed by empirical evidence. The evidence generated will offer replicable partnership models and guidelines to design impactful cross-sectorial green care systems, with national healthcare systems and local governments amongst the beneficiaries, leading to a higher uptake of nature-based therapy and a general reframing of the green infrastructure functionality.

Fields of science

natural sciences > earth and related environmental sciences > environmental sciences > sustainability sciences

Keywords

nature-based therapy, nature-based health promotion, nature-in-everyday-life, health equity

Programme(s)

HORIZON.2.6 - Food, Bioeconomy Natural Resources, Agriculture and Environment
HORIZON.2.6.2 - Biodiversity and Natural Resources

Topic(s)

HORIZON-CL6-2022-COMMUNITIES-02-02-two-stage - Developing nature-based therapy for health and well-being
Call for proposal

HORIZON-CL6-2022-COMMUNITIES-02-two-stage

See other projects for this call

Funding Scheme

HORIZON-RIA - HORIZON Research and Innovation Actions

Coordinator

UNIVERSITAT AUTONOMA DE BARCELONA

Net EU contribution

€ 460 705,25

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Este > Cataluña > Barcelona

Links

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Participation in EU R&I programmes
HORIZON collaboration network

Other funding

€ 0,00

Participants (14)

ALMA MATER STUDIORUM - UNIVERSITA DI BOLOGNA

Italy

Net EU contribution

€ 530 101,25

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SVERIGES LANTBRUKSUNIVERSITET
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Other funding
€ 0,00

ILS RESEARCH GGMBH
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THIRD-PARTY

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€ 0,00

Szkola Gwowna Gospodarstwa Wiejskiego

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€ 418 353,75

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Region
Nordrhein-Westfalen > Arnsberg > Dortmund, Kreisfreie Stadt
Activity type

Higher or Secondary Education Establishments

Links

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Other funding

€ 0,00

OLD-CONTINENT SPRL

Belgium

Net EU contribution

€ 296 100,00

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SME

Yes

Region

Région de Bruxelles-Capitale/Brussels Hoofdstedelijk Gewest > Région de Bruxelles-Capitale/ Brussels Hoofdstedelijk Gewest > Arr. de Bruxelles-Capitale/Arr. Brussel-Hoofdstad

Links

Contact the organisation Participation in EU R&I programmes HORIZON collaboration network

Other funding

€ 0,00

FUNDACJA NEUROLANDSCAPE

Poland

Net EU contribution

€ 167 377,50
GESELLSCHAFT FUR GARTENBAU UND THERAPIE(G GUT)EV
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Net EU contribution
€ 106 135,00
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€ 0,00

INSTYTUT PSYCHIATRII I NEUROLOGII
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Net EU contribution
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Other funding
€ 0,00

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WETTERHOLM PETRA

Sweden
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Other funding
€ 0,00

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COOPERATIVA ETA BETA SOCIETA COOPERATIVA SOCIALE ONLUS

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€ 187,427,75

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ASOCIACION ESPANOLA DE HORTICULTURA Y JARDINERIA SOCIAL Y TERAPEUTICA

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Net EU contribution
€ 148,012,50

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SME
Yes

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Noreste > Aragón > Zaragoza

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Other funding
€ 0,00

FUNDACIO PER A LA UNIVERSITAT OBERTA DE CATALUNYA
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Net EU contribution
€ 268 394,75

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Other funding
€ 0,00

Partners (5)

UNIVERSITY OF KENT
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Other funding
€ 0,00

THE UNIVERSITY OF SALFORD
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Activity type
Higher or Secondary Education Establishments

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Other funding
€ 0,00

SOCIAL FARMS AND GARDENS
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€ 0,00

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Activity type
Other

Links
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Other funding
€ 0,00

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MIND IN BEXLEY AND EAST KENT LTD

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Net EU contribution
€ 0,00

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SME
Yes

Region
London > Outer London — East and North East > Bexley and Greenwich

Links
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Other funding
€ 0,00

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RESEARCH FOUNDATION OF THE CITY UNIVERSITY OF NEW YORK

United States

Net EU contribution
€ 0,00

Address
EC signature date: 5 May 2023
Last update: 8 June 2023

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European Union, 2023