PHYSICAL ACTIVITY THROUGH SUSTAINABLE TRANSPORT APPROACHES

Fact Sheet

Project Information

PASTA
Grant agreement ID: 602624

Funded under
FP7-HEALTH

Overall budget
€ 6 594 485,40

Project website

EU contribution
€ 5 122 539

Status
Closed project

Coordinated by
UNIVERSITAET FUER BODENKULTUR WIEN
Austria

Start date
1 November 2013

End date
31 October 2017

This project is featured in...

RESEARCH*EU MAGAZINE
To Mars and beyond:
Europe's push to the final frontier

Objective
This project focuses on the systematic promotion and facilitation of active mobility (AM) (i.e. walking and cycling including the combination with public transport use) as an innovative approach to integrate physical activity (PA) into individuals’ everyday lives. In contrast to sports or exercise, AM requires less time and motivation, since AM provides both convenience as a mode of transport, and a healthy lifestyle. As such it has potential to reach parts of the population which have not been receptive to the appeals and benefits of sports and exercise.

The objectives of the project are the following:

• The project will review the literature on AM and identify innovative measures and systematic initiatives to promote AM as well as traffic safety interventions.
• A longitudinal study will be conducted to evaluate the ongoing AM initiatives combined with traffic safety interventions to better understand correlates of AM and their effects on overall PA, injury risk and exposure to air pollution.
• An improved user-friendly tool for more comprehensive health impact assessment (HIA) of AM will be developed.
• The tool will be applied to AM behavior observed in the case study cities and allow the assessment of health and economic impacts of measures.
• The project will also produce a compendium of good practices of AM promotion aimed at decision makers, implementing authorities, businesses, civil society organizations and end users.
• Findings and progress reports will be communicated to diverse target audiences, including policy makers, practitioners, researchers and end-users, through a number of media, i.e. reports, journals, brochures, web-content, workshops and presentations.

Field of science

/humanities/languages and literature/literature - general
/social sciences/political science/government systems/civil society
/social sciences/economics and business
/natural sciences/earth and related environmental sciences/environmental sciences/pollution
/social sciences/social and economic geography/transport
/social sciences/social and economic geography/transport/public transport

Programme(s)

Topic(s)

Call for proposal

FP7-HEALTH-2013-INNOVATION-1
Funding Scheme

CP-FP - Small or medium-scale focused research project

Coordinator

UNIVERSITAET FUER BODENKULTUR WIEN

Address
Gregor Mendel Strasse 33
1180 Wien
Austria

Activity type
Higher or Secondary Education Establishments

EU contribution
€ 685 327,60

Website
Contact the organisation

Participants (15)

FUNDACIO CENTRE DE RECERCA EN EPIDEMIOLOGIA AMBIENTAL - CREAL

Address
Calle Doctor Aiguader 88
08003 Barcelona

Activity type
Research Organisations

Website
Contact the organisation

UNIVERSITAT ZURICH

Address
Ramistrasse 71
8006 Zürich

Activity type
Other

EU contribution
€ 718 341,65

Website
Contact the organisation

VLAAMSE INSTELLING VOOR TECHNOLOGISCH ONDERZOEK N.V.

Address
B-200

Activity type
Research Organisations

EU contribution
€ 839 940,75
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<th>Country</th>
<th>EU Contribution</th>
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<td>IMPERIAL COLLEGE OF SCIENCE TECHNOLOGY AND MEDICINE</td>
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<td>€ 276 919,20</td>
<td>South Kensington Campus Exhibition Road SW7 2AZ London</td>
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ROMA SERVIZI PER LA MOBILITA SRL

Italy

EU contribution

€ 186 440

Address
Via Di Vigna Murata 60
00143 Roma

Activity type
Private for-profit entities
(excluding Higher or Secondary Education Establishments)

Website [link]
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WORLD HEALTH ORGANIZATION

Switzerland

EU contribution

€ 457 270

Address
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Activity type
Research Organisations

Website [link]
Contact the organisation [link]

THE CHANCELLOR, MASTERS AND SCHOLARS OF THE UNIVERSITY OF OXFORD

United Kingdom

EU contribution

€ 93 119

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Wellington Square University Offices
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Activity type
Higher or Secondary Education Establishments

Website [link]
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DEUTSCHE SPORTEHOCHELHULE KOLN
Germany
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€ 57 780
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50933 Koln
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Higher or Secondary Education Establishments
Website
Contact the organisation

POLIS - PROMOTION OF OPERATIONAL LINKS WITH INTEGRATED SERVICES, ASSOCIATION INTERNATIONALE
Belgium
EU contribution
€ 166 662,50
Address
Rue Du Trône 98
1050 Bruxelles
Activity type
Other
Contact the organisation

ICLEI EUROPEAN SECRETARIAT GMBH (ICLEI EUROPASEKRETARIAT GMBH)
Germany
EU contribution
€ 185 920
Address
Leopoldring 3
79098 Freiburg Im Breisgau
Activity type
Other
Website
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GESUNDHEIT OSTERREICH FORSCHUNGS -UND PLANUNGS GMBH
Austria
EU contribution
€ 66 029,50
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Stubenring 6
1010 Wien
Activity type
Research Organisations
Website
Contact the organisation

TECHNISCHE UNIVERSITAET DRESDEN
Germany

EU contribution € 27 600

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Activity type
Higher or Secondary Education Establishments

Website [link]
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Record number: 110446

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