Using Peer Support In Developing Empowering Mental Health Services

Project information

UPSIDES
Grant agreement ID: 779263
Project website
Status: Ongoing project

Funded under: H2020-EU.3.1.3.
Overall budget: € 3 100 000
EU contribution € 3 000 000

Coordinated by: UNIVERSITAET ULM
Germany

Objective

Background: A large number of people with severe mental illness receive no treatment. This treatment gap is largest in low and middle income countries (LMIC), with detrimental effects on individuals (social role, quality of life, stigma) and societies (equity, costs). Peer support is an established intervention involving a person in recovery from mental illness being employed to offer support to others with mental illness. Peers are an untapped resource in global mental health.

Objective and methods: UPSIDES will scale-up peer support interventions for people with severe mental illness in high-, middle- and low-resource settings. An international community of practice for peer support including peer support workers, mental health researchers, and other relevant stakeholders in Europe, Africa and Asia (9 study sites in 7 countries) will be established. Peer support will be implemented adapted to the local context. Using a mixed-methods approach (N=688), the impact of peer support will be rigorously evaluated at the levels of patients and peer support workers (psychosocial and clinical outcomes), services (cost-effectiveness, return on investment), and implementation (adoption, sustainability, organisational change). Evidence of best practice will be disseminated to local, national and international stakeholders ensuring sustainability and spread.

Expected impact: UPSIDES will improve the lives of large numbers of citizens in Europe and LMIC by modifying mental health systems using the expertise of people with personal experience of mental illness. Utilising peers will provide an essential driver in low-income settings relieving the scarcity of human
capital. Performance of mental health services will be maximised through actively involving and empowering service users, generating system changes towards patient-centeredness, recovery orientation, and community participation. UPSIDES will transform health systems towards realizing mental health as a human right.

Field of Science

/social sciences/other social sciences/social sciences interdisciplinary/sustainable development
/social sciences/sociology/governance/public services

Programme(s)

H2020-EU.3.1.3. - Treating and managing disease

Topic(s)

SC1-HCO-07-2017 - Global Alliance for Chronic Diseases (GACD) prevention and management of mental disorders

Call for proposal

H2020-SC1-2017-Single-Stage-RTD

See other projects for this call

Funding Scheme

RIA - Research and Innovation action

Coordinator

UNIVERSITAET ULM

Address

Helmholtzstrasse 16
89081 Ulm
Germany

EU Contribution

€ 1 216 620

Activity type

Higher or Secondary Education Establishments

Website

Contact the organisation

Participants (8)
<table>
<thead>
<tr>
<th>Organisation</th>
<th>EU Contribution</th>
<th>Country</th>
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<tbody>
<tr>
<td>THE UNIVERSITY OF NOTTINGHAM</td>
<td>€ 350 832,50</td>
<td>United Kingdom</td>
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<tr>
<td>UNIVERSITAETS KLINIKUM HAMBURG-EPPENDORF</td>
<td>€ 445 625</td>
<td>Germany</td>
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<td>BUTABIKA NATIONAL MENTAL HOSPITAL</td>
<td>€ 143 394</td>
<td>Uganda</td>
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<td>LONDON SCHOOL OF HYGIENE AND TROPICAL MEDICINE</td>
<td>€ 266 707,50</td>
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For each organisation, the address and activity type are also provided.
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<th><strong>Organisation</strong></th>
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<th><strong>Address</strong></th>
<th><strong>Activity type</strong></th>
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<tbody>
<tr>
<td>IFAKARA HEALTH INSTITUTE TRUST</td>
<td>Tanzania</td>
<td>Kiko Avenue Off Old Bagamoyo Road Plot 463 Dar Es Salaam</td>
<td>Research Organisations</td>
<td>€ 202 697,25</td>
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<tr>
<td>BEN-GURION UNIVERSITY OF THE NEGEV</td>
<td>Israel</td>
<td>84105 Beer Sheva</td>
<td>Higher or Secondary Education Establishments</td>
<td>€ 374 123,75</td>
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<tr>
<td>INDIAN LAW SOCIETY</td>
<td>India</td>
<td>Ils Law College Campus Chiplunkar Road (Law College Road) 411004 Pune</td>
<td>Other</td>
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<tr>
<td>WORLD HEALTH ORGANIZATION</td>
<td>Switzerland</td>
<td>Avenue Appia 20 1211 Geneve</td>
<td>Research Organisations</td>
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