writing the Sleep CRisis: 24/7 cAPitalism and neoliberal Subjectivity

Fact Sheet

Project Information

SCRAPS

Grant agreement ID: 892459

DOI
10.3030/892459

Funded under
EXCELLENT SCIENCE - Marie Skłodowska-Curie Actions

Total cost
€ 257 209,92

EU contribution
€ 257 209,92

Coordinated by
POLITECNICO DI MILANO
Italy

Project terminated on 21 July 2023

Start date
1 September 2021

End date
31 August 2025

Project description

Waking up to free-market health effects

People are just not sleeping as much as they should. A good night’s sleep is not getting the prioritisation it deserves. The World Health Organization recommends 8 hours of sleep each night to minimise the risk of sleep disorders. The EU-funded SCRAPS project will investigate cultural engagements related to this issue. Specifically, it will consider fiction and non-fiction sources, including self-help manuals, as well as the digital culture (mHealth apps and sleep hygiene blogs) to advance our understanding of the impact of neoliberal ideologies on health. The project will explore the concerns about contemporary life mobilised by the discourse of a sleep crisis.
Fields of science

medical and health sciences > clinical medicine > psychiatry > sleep disorders
medical and health sciences > health sciences > public health
social sciences > sociology > ideologies
humanities > philosophy, ethics and religion > philosophy

Keywords

contemporary writings digital culture self-help fiction memoirs
affect theory temporal regimes theories of time theories of subjectivity
mHealth quantified self digital health

Programme(s)

H2020-EU.1.3. - EXCELLENT SCIENCE - Marie Skłodowska-Curie Actions
H2020-EU.1.3.2. - Nurturing excellence by means of cross-border and cross-sector mobility

Topic(s)

MSCA-IF-2019 - Individual Fellowships

Call for proposal

H2020-MSCA-IF-2019

See other projects for this call

Funding Scheme

MSCA-IF - Marie Skłodowska-Curie Individual Fellowships (IF)

Coordinator
POLITECNICO DI MILANO

Net EU contribution

€ 257 209,92

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Region

Nord-Ovest > Lombardia > Milano

Links

Contact the organisation Website Participation in EU R&I programmes HORIZON collaboration network

Other funding

€ 0,00

EC signature date 15 April 2020
Last update: 24 July 2023

Permalink: https://cordis.europa.eu/project/id/892459

European Union, 2023