WOMEN-UP

Project ID: 643535
Funded under: H2020-EU.3.1.4. - Active ageing and self-management of health

Cost effective self-management of urinary incontinence addressed to women across Europe

From 2015-02-01 to 2019-05-31, closed project | WOMEN-UP Website

Project details

| Total cost: | Topic(s): |
| EUR 3 470 257,59 | PHC-26-2014 - Self management of health and disease: citizen engagement and mHealth |
| EU contribution: | Call for proposal: |
| EUR 3 245 256,84 | H2020-PHC-2014-single-stage |
| Coordinated in: | Funding scheme: |
| Spain | RIA - Research and Innovation action |

Objective

Urinary incontinence (UI), considered as a disease according to the World Health Organization (WHO), is not a life-threatening condition, but causes a very negative impact on daily living and quality of life. 56 million European citizens are affected by UI, which represents a serious impairment to the quality of their professional and personal life. Recent statistics show that 346 million people worldwide experienced any type of UI in 2008, which will increase to 420 million by 2018. In addition, when UI appears it is maintained throughout a lifetime if no solution is provided, causing huge social and economic costs (nearly $10 billion is lost every year in direct treatment cost and lost productivity due to UI).

The main objective of WOMEN-UP project is to improve the quality of life of urinary incontinence patients through a holistic and cost-effective ICT-solution, allowing for the self management of the chronic UI disease via a decision support system and a secure remote medical supervision.

This general objective is divided into the following specific objectives:

- To improve women’s’ health by providing lifestyle changes through an integral and multifactorial treatment.
- To develop an ICT-based system to facilitate a holistic solution for a conservative home treatment: Lifestyle interventions and pelvic floor muscle training with remote clinical assessment and supervision.
- To make eHealth tools for UI more effective, user-friendly and widely accepted by involving professionals and patients in strategy, design and implementation.
- To assess the cost-efficiency of the proposed ICT-based solution for significantly reducing health system costs by up to 72%.
- To develop an innovative approach for the supervision of Pelvic Floor Muscles Training.
- To increase patient

The project WOMEN-UP will be developed by a consortium that brings together 9 partners from 6 different EU member states (Spain, Finland, Netherlands, Czech Republic, Romania, and Switzerland).

Related information
Coordinator
UNIVERSITAT POLITECNICA DE CATALUNYA
CALLE JORDI GIRONA 31
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Spain

EU contribution: EUR 846 094,96

Activity type: Higher or Secondary Education Establishments
Contact the organisation

Participants
BITTUM BIOSIGNALS OY
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Finland

EU contribution: EUR 793 000

Activity type: Private for-profit entities (excluding Higher or Secondary Education Establishments)
Contact the organisation

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EU contribution: EUR 361 500

Activity type: Higher or Secondary Education Establishments
Contact the organisation

FUNDACIO CLINIC PER A LA RECERCA BIOMEDICA
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EU contribution: EUR 360 418,84

Activity type: Higher or Secondary Education Establishments
Contact the organisation
EVROPSKA UROGYNEKOLOGICKA SPOLECNOST
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EU contribution: EUR 53 750

See on map

Activity type: Other

Contact the organisation

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EU contribution: EUR 205 656,25

See on map

Activity type: Higher or Secondary Education Establishments

Contact the organisation

REHA-STIM MEDTEC AG
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EU contribution: EUR 0

See on map

Activity type: Private for-profit entities (excluding Higher or Secondary Education Establishments)

Contact the organisation

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EU contribution: EUR 9 696,25

See on map

Activity type: Private for-profit entities (excluding Higher or Secondary Education Establishments)

Contact the organisation

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EU contribution: EUR 615 140,54

See on map

Activity type: Higher or Secondary Education Establishments

Contact the organisation

Last updated on 2017-07-12
Retrieved on 2019-07-18

Permalink: https://cordis.europa.eu/project/rcn/194074_en.html