New E-Services for a dietary approach to the elderly

From 2008-11-01 to 2011-04-30, closed project

Objective

Most nutraceutical SMEs have a limited access to the information needed for identifying the impact of their product at nutritional level. Also, the need of more personalized diets is an urgent requirement of EU healthcare systems, particularly for ageing and elderly people (EP). Nutraceuticals have different constraints not homogeneously defined in the EU Member States (MS) and their efficacy is always subordinate to the quality of the usual diet in different cultural scenarios. As a result, nutraceuticals are difficult to customize upon the needs of a specific market user, such as the EP, and their market is quite slow and fragmented. In response to these challenges, the goal of RISTOMED is to develop a new e-Health service for EP that will enable participant SMEs to penetrate the EP consumers market with the production of an innovative diet model. Biotech nutraceuticals, specifically designed and efficaciously delivered to the EP, will be integrated in biotech/ICT strategies coping with the complexity of nutritional specific requirements. RISTOMED brings together 8 partners distributed in 5 countries with a good balance between SMEs and RTDPs. In RISTOMED 3 biotech SMEs will collaborate with 4 RTDPs to solve the common problem of delivering innovative nutraceuticals for the control and prevention of the age-related diseases throughout new E-Health services. These services consist in the delivery of recipes and procedures containing nutraceuticals and probiotics specifically designed for EP and institutions dealing with EP throughout a new IT RISTOMED web platform (RWP). RWP will be developed by the ICT SME leading the consortium. The project result is expected to have a significant impact on the competitiveness of SME participants that will be able to expand their business by proposing to the market not only nutraceuticals but an integrated solution to better manage the diet and nutritional needs of EP to contrast inflammation, oxidative stress and gut microbiota alteration.
Coordinator
VOX NET SOCIETA COOPERATIVA
VIA GIOVANNI PAISIELLO 32
00198 ROMA
Italy

**EU contribution:** EUR 278 449

**Activity type:** Private for-profit entities (excluding Higher or Secondary Education Establishments)

**Administrative contact:** Fabio Buccolini
Tel.: +390643599635
Fax: +39 06 90280804
Contact the organisation

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Participants
UNIVERSITÀ DEGLI STUDI DI ROMA LA SAPIENZA
Piazzale Aldo Moro 5
00185 ROMA
Italy

**EU contribution:** EUR 11 137

**Activity type:** Higher or Secondary Education Establishments

**Administrative contact:** Alessandra Polo
Tel.: +390649918224
Fax: +390649910699
Contact the organisation

---

ALMA MATER STUDIORUM - UNIVERSITÀ DI BOLOGNA
VIA ZAMBONI 33
40126 BOLOGNA
Italy

**EU contribution:** EUR 29 854

**Activity type:** Higher or Secondary Education Establishments

**Administrative contact:** Andrea Previti
Tel.: +39 051 2094766
Fax: +39 051 209 4768
Contact the organisation
CHARITE - UNIVERSITAETSME dizin BERLIN
Chariteplatz 1
10117 BERLIN
Germany
See on map
**Activity type:** Higher or Secondary Education Establishments

**Administrative contact:** Eveline Fräßdorf
Tel.: +49 30 450 57 60 24
Fax: +49 30 450 57 69 54

[Contact the organisation](#)

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CHU HOPITAUX DE BORDEAUX
RUE Dubernat 12
33404 TALENCE
France
See on map
**Activity type:** Higher or Secondary Education Establishments

**Administrative contact:** Isabelle Bourdel-Marchasson
Tel.: +33 5576571
Fax: +33 557656560

[Contact the organisation](#)

---

AISA THERAPEUTICS
Rue Pierre Fontaine 4
91058 EVRY
France
**Activity type:** Private for-profit entities (excluding Higher or Secondary Education Establishments)

**Administrative contact:** Patrizia D'alessio
Tel.: +33687478032
Fax: +33145595359

[Contact the organisation](#)

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ACTIAL-FARMACEUTICA LDA
RUA DOS FERREIROS 260
9000 082 FUNCHAL
Portugal
**Activity type:** Private for-profit entities (excluding Higher or Secondary Education Establishments)

**Administrative contact:** Claudio De Simone
Tel.: +351 291214090
Fax: +351 291 214095

[Contact the organisation](#)
LA MAISON DE L’AR'GAN
AVENUE DES CHAMPS ELYSEES 102
75008 PARIS
France

EU contribution: EUR 179 291

Activity type: Private for-profit entities (excluding Higher or Secondary Education Establishments)

Administrative contact: Pierre Emmanuel Saubade
Tel.: +33 5 564 35 643
Fax: +33 5 564 35 640
Contact the organisation

Subjects
Economic Aspects - Scientific Research

Last updated on 2019-08-01
Retrieved on 2019-08-16

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